



# APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

THURSDAY, MARCH 26, 2015

Vol. 59, No. 12

## Garrison town hall shares strategic outlook

By **STACY SMITH**  
APG News

Garrison leaders addressed strategic outlook plans during the most recent APG Garrison Town Hall meeting at the post theatre March 19.

Garrison Commander Col. Gregory R. McClinton hosted the meeting, assisted by Garrison Command Sgt. Maj. Jeffrey O. Adams. Glenn Wait, deputy to the garrison commander, hosted the APG South (Edgewood) video teleconference from the Edgewood Conference Center.

McClinton acknowledged an anticipated force reduction to impact multiple garrison directorates over the next two years.

"We've known for some time that we have a number of over-hires in the organization and we have to get down to a core strength for the target date of Oct. 1 2016," he said.

He added that senior leadership will "take the feedback provided by various communities and use

See **TOWN**, page 17

### inside

#### HISTORY

Local woman remembers the 1945 Edgewood Arsenal explosion.

Local | 4

#### FREESTATE

Class #44 cadets first to receive vocational training.

Cadets | 7

#### VIETNAM

Former APG postal worker, Vietnam dustoff pilot was featured in 1966 documentary.

A hero | 8

#### STEM

AEC tech director talks about her love of math, career advice.

Meet | 16

### online

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Photo by Sean Kief

1st Area Medical Laboratory Commander Col. Patrick M. Garman hugs two of his daughters after a homecoming ceremony at the APG North (Aberdeen) recreation center March 23, welcoming the unit home from a four-month deployment to West Africa.

## 1st AML returns home

By **WALTER T. HAM IV**  
20th CBRNE Command

The 1st Area Medical Laboratory (1st AML) returned home March 23, after a four-month deployment to Liberia.

The unit deployed in October 2014 in support of Operation United Assistance, the U.S. effort to contain the most deadly Ebola

outbreak in history.

Following a 21-day controlled monitoring period at Joint Base Langley Eustis, Virginia, 1st AML Soldiers received a hero's welcome at APG.

The 1st AML is part of the 20th Chemical, Biological, Radiological, Nuclear, Explosives, or CBRNE, Command, the Defense

Department's only multifunctional command that combats global CBRNE hazards.

Miss America Kira Kazantsev was among the dignitaries to welcome the 1st AML Soldiers back.

During the deployment, 1st AML Commander Col. Patrick M. Garman led Task

See **1ST AML**, page 18

## Chemical weapon destruction resumes

PEO ACWA

After a three-year pause, the U.S. resumed destruction of its remaining chemical weapons stockpile March 18 in Colorado as an Edgewood Chemical Biological Center crew triggered a single "shot," safely destroying a small container filled with mustard agent.

Because the detonation was inside an Explosive Destruction System vessel, called an EDS, it was barely audible, but it was a shot literally heard "around the world."

The newly-constructed Pueblo Chemical Agent-Destruction Pilot Plant, or PCAPP, will destroy the bulk of the Pueblo stockpile when it begins operating in late 2015 or early 2016, but in the meantime, the EDS is being employed to destroy about 1,300 problematic munitions not easily processed through the main plant, along with Department of Transportation, or DOT, bot-

See **APG**, page 17

As seen from a closed-circuit television screen capture, operators place a container of mustard agent inside the Explosive Destruction System at the U.S. Army Pueblo Chemical Depot in Colorado. Numerous APG-based experts are augmenting the teams in Colorado to destroy the chemical weapons stockpile.

Courtesy photo



## Miss America reads to APG children

Brayden Collins, 3, is all smiles as Miss America 2015 Kira Kazantsev gives him a signed copy of "The Princess and the Pea," during her visit to the APG North (Aberdeen) recreation center March 23. Prior to the book signing, Kazantsev, visiting as a guest of the USO-Metro, read to children and answered questions about her Miss America duties. The event was hosted by the 20th CBRNE Family Readiness Group and the Aberdeen VFW Post 10028 Ladies Auxiliary and was open to all APG families. For the Love of a Veteran Inc., a non-profit organization, donated the books. Later that day, Kazantsev welcomed home Soldiers during the 1st Area Medical Laboratory homecoming ceremony at the APG recreation center.

Photo by Rachel Ponder

### index

Mark Your Calendar | 6  
APG History | 13

All Things Maryland | 9  
Crossword | 16

MWR Events | 10  
Did You Know? | 18

At Your Service | 11  
Snapshot | 19



STREET TALK

Do you prefer texting or talking on your cellphone?

I usually prefer talking on the phone because text messages can easily be misinterpreted. Occasionally I will text if I need a quick response.



Sidney Thomas  
Military retiree

I like texting because you can keep it short, sweet and to the point. I text with all my family members, including my mom, who just learned to text.



Cathy Shrout  
Family member

Texting is usually how I get in touch with people, because it is so easy.



Robert Gootee  
Veteran

It takes me a long time to text, because my fingers hit the wrong buttons. For me, texting takes longer than a phone call. Every once in a great while I will text my daughter or grandson.



Betty Gehr  
Family member

I like both [ways of communicating] but sometimes it is more convenient to just text back and forth.



Elsa Howard  
Military spouse



SHARP<sup>TM</sup>  
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

RESOURCE CENTER

APG

FY15 changes to military justice system for sexual assault cases

By CAPT. JOSEPH LEVIN  
APG Trial Counsel

Congress continues to change and refine the military justice system to prevent sexual assaults from occurring, ensure justice when a sexual assault has occurred and protect the rights of victims.

A number of changes were entered into law in the Fiscal Year 2015 National Defense Authorization Act (NDAA), which was signed into law by the president on Dec. 19, 2014. This includes changes to the Article 32 preliminary hearing, new limitations on the discretion of commanders to grant clemency after trial and new law enforcement use of the Military Protective Order.

The Article 32 hearing, which is similar to civilian grand jury proceedings, has been changed to a more streamlined process similar to its civilian counterpart. Article 32 hearings previously were designed to be extensive investigations into the allegations and often resulted in a “mini-trial” of the charges.

The new Article 32 hearing has been changed from a “thorough and impartial investigation” to a “preliminary hearing.” A judge advocate now must be the presiding officer and the newly added duty is to determine if probable cause exists. Hearings must be recorded and victims now have the right not to testify at the hearing without consequences.

The NDAA also adds new oversight of the decision not to refer sexual assault charges to court-martial. The referral of charges occurs several steps in to the military justice process. It comes after the Criminal Investigation Command (CID) investigation, a “prefferal” of charges, and the Article 32 hearing. Once the Article 32 presiding officer gives recommendations on whether probable cause exists, the convening authority must decide whether to refer charges to court-martial.

For sexual assault charges, the convening authority must always be the general court-martial convening authority. A decision by the commanding general not to refer charges must be reviewed by the next general court-martial convening authority in the chain of command.

If the staff judge advocate disagrees with the commanding general’s decision not to refer charges, the review bypasses the chain of command and goes directly to the Secretary of the Army for review.

Commanders now have much narrower discretion to grant clemency if a service member is convicted of a serious offense.

Previously, the convening authority could set aside a conviction, grant a lesser sentence than was ordered by the court,

or vacate a discharge from the military when it was ordered as part of the sentence.

Now, the convening authority can no longer set aside a finding of guilt or reduce the conviction to a lesser charge if the maximum possible sentence of the charge is more than two years or if the actual sentence given is more than six months and includes a punitive discharge. Furthermore, the convening authority can never set aside a conviction for penetrative sex offenses, forcible sodomy, or attempts to commit these offenses.

The NDAA cites very few narrow exceptions to this new rule. This is a major change from past policies which granted commanders broad discretion in this area.

Any sentence imposed for conviction of a penetrative sex offense, the rape or sexual assault of a child, forcible sodomy, or attempts to commit these crimes must include a discharge or dismissal as part of the sentence. Also, the NDAA eliminates the statute of limitations to prosecute sexual assault and rape / sexual assault upon a child, although this only applies to offenses committed after these changes take effect.

Finally, the “good Soldier” defense cannot under any circumstances be used as a type of proof at trial that the service member did not commit sexual assault.

Although not a change from the NDAA, it is worth mentioning that military and civilian law enforcement are exploring new ways to coordinate and improve communication. Military Protective Orders can now be entered in to the National Crime Information Center (NCIC) registry by commanders. The NCIC is the system that police officers use to run background checks on individuals during any type of investigatory stop. It will enable civilian police officers to be aware of and enforce MPOs the same as they would a restraining order issued by a civilian court.

These changes are only some of the highlights among many other procedural changes to the military justice system relating to sexual assault.

Congress, the president, and the U.S. military are committed to preventing sexual assaults from occurring as well as ensuring justice when a crime occurs.

Victims of sexual assault are encouraged to seek assistance by dialing 911 or by visiting the Sexual Harassment/ Assault Response & Prevention (SHARP) Resource Center located on the second floor of Bldg. 4305 on APG North (Aberdeen). At the SHARP Resource Center victims will have immediate access to a safe, private place to speak with a victim advocate, seek medical care, and to file a restricted or unrestricted report.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell.civ@mail.mil.

Adair, Jennifer  
Alba, Audrey  
Beach, Sarah Lynn  
Benysek, Lee  
Best, Anja S.  
Blevins, Dianna  
Bowers, Kimberly  
Budzinski, David  
Calahan, Jane E.  
Casey, Patrick A.  
Clark, Lyra  
Dissek, Michael J.  
Donlon, Jacqueline

Employees eligible for donations in the Voluntary Leave Transfer Program

Doyle, Tesha H.  
Gaddis, Lonnie  
Gilley, Christopher M  
Hise, Anne R.  
Ingram, Debra  
Johnson, Douglas W.  
Jones, Desiree  
Lamar-Reevey, Kellie  
Mason, Jeremy L.  
McCauley, Adrienne  
Merkel, Arthur J.  
Nguyen, Amy  
Palm, Natalie

Pettitway, Mary  
Phillips, Andrea  
Robinson, Jennifer  
Rodgers, Theodore  
Saenz, Diana  
Solomon, Je’Neane  
Starnes, Desiree C.  
Thurman, Terry L.  
Trulli, Wayne R.  
Tyson, Paul D.  
Zarrillo, Rebecca Lee

APG SEVEN DAY FORECAST



APG NEWS

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or email yvonne.johnson5.ctr@mail.mil, or contact Reporter Rachel Ponder, 410-278-1149 or email rachel.e.ponder2.ctr@mail.mil.

Deadline for copy is Thursday at noon for the following Thursday’s paper.

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## APG South dental, health clinic reopens

From left, Kirk U.S. Army Health Clinic Commander Lt. Col. David Zinnante; APG Senior Commander Maj. Gen. Bruce T. Crawford; Kirk Chief of Surety Medicine Dr. Carrie D. Dorsey; APG Senior Command Sgt. Maj. William Bruns; and APG Dental Clinic Commander Maj. Tatyana Dankulich-Huryn mark the reopening of the APG South (Edgewood) area Dental and Health Clinic March 20 with a ribbon-cutting ceremony.

The clinic was renovated and upgraded as part of Kirk U.S. Army Health Clinic's No-Fail Surety, Occupational Health and Active Duty Primary Care and Dental missions. It will serve active-duty Soldiers and DA civilians. Its reopening means personnel no longer have to drive to APG North for health care services.

Zinnante commended the Edgewood Clinic staff for their hard work and dedication to the mission during the last year while operating without a permanent building. The ceremony, which included a history of Edgewood Medical Clinic and comments from Crawford, was followed by a reception and tour of the clinic's dental and health facilities.

To schedule an appointment with the clinic, or for more information, call 410-436-3001.

Photo by Stacy Smith

# ATEC engages Cecil County students



Aberdeen Test Center mechanical engineer David Will assists Perryville Middle School eighth-grader Ben Losoya, as he rides on a Hovercraft during the Cecil College Career Blast. The college hosted approximately 500 eighth-grade students from Cecil County March 17-19 to highlight potential career fields in business, health care, performing and visual arts, public service and STEM.

Story and photo by **LINDSEY MONGER**  
*ATEC*

The U.S. Army Test and Evaluation Command participated in another year of Career Blast events at Cecil College March 17 to 19 in support of cultivating future science, technology, engineering and math (STEM) professionals.

Cecil College hosted approximately 500 eighth-grade students from Cecil County middle schools to highlight possible career fields such as business, health care, performing and visual arts, public service and STEM.

Students participated in three different sessions, each lasting 20 minutes during the three-day event.

David Will, ATEC mechanical engineer for Aberdeen Test Center, briefed the group of students, encouraging them to explore non-traditional STEM careers.

“ATC’s goal at the Career Blast was to familiarize students with careers in engineering,” Will said.

Will demonstrated various aspects of Hovercraft technology, including applications, principles of operation and Newton’s First Law of Motion.

Perryville Middle School eighth-grader Ben Losoya took away real-life lessons from the content presented.

Losoya expressed excitement in learning how Newton’s First Law of Motion applies to everyday lives and how raw materials are used in technology, like Hovercrafts.

After the presentation, Will introduced the Hovercraft and demonstrated its functions and operations, and several students seized the opportunity for a quick ride.

“This hovercraft lifts you about three inches off the ground which helps reduce friction, allowing one to glide over many surfaces,” Will said. “When I switch on the fan, air will be forced underneath the hull and pressurized, creating a high-pressure region, or cushion of air, for the hovercraft to glide on.”



# Women’s History Month

*Weaving the Stories of Women’s Lives*



## Local woman recalls Edgewood Arsenal explosion

By **STACY SMITH**  
*APG News*

Charlotte Johnson-Chase has much to be thankful for. The 86-year-old mother of six children and several successive generations nearly lost her life seventy years ago on May 25, 1945 when a grenade in the Edgewood Arsenal ammunition factory she was working at exploded.

Johnson-Chase had only been working on post for a short while when the incident occurred.

“I wanted to be a nurse, and my mom and my sister worked on post. I went there one day and asked a lady to give me a job,” she said. “I was only eighteen years old.”

Johnson-Chase was a young, African-American female during a time when opportunities for women of color were restricted.

“She looked me up and down and she said, ‘well you can go over there.’ They gave me a job cleaning up,” she said.

Johnson-Chase called the work site a “beautiful building where nothing but ladies worked.”



Johnson-Chase

The building was known as number 509, where women made hand grenades during World War II.

“They had an explosion overseas where they needed these hand grenades fast, so they had the ladies start putting the fuses in them,” she said.

One day Johnson-Chase was undressing in the bathroom after a long day of work when she heard a loud noise. Thick, white smoke began to fill the building in which she now found herself trapped.

“There was one way in and one way out, and windows way up in the ceiling,” she said. “I could hear the other women [in the factory] screaming and hollering. I closed my eyes because you couldn’t see and couldn’t breathe.”

She said she did what she felt was her only option.

“I screamed until I had no voice,” she said.

Amidst her panic, Johnson-Chase met with a stroke of luck. She spotted a small hole where smoke was escaping. She crawled over to the hole and saw that it was big enough for her to fit through.

“I crawled through there and I heard somebody say, ‘here comes one.’

The voice she heard was a paramedic who took her to a U.S. Marine Corps hospital.

She said she didn’t recognize her mother at first due to the explosion’s impact.

“One doctor told my mother, ‘she will not live over three days.’ And the other doctor said, ‘she will never talk again,’” she said.

Johnson-Chase’s hospital recovery was lengthy. She recalls her mother telling her that medical personnel kept her in “something resembling a casket.”

“Finally I got a little better, so they sent me home,” she said, adding that she relied on the comfort of a dear friend who would visit her during her convalescence.

“She would kind of encourage me, because I cried all the time,” Johnson-Chase said. “Every time I thought about Edgewood I started crying, because I loved it there.”

Johnson-Chase also mourned for the loss of her voice, which she feared would never return.

“I had a beautiful voice; I would get up in the mornings and sing,” she said.

But after the explosion she said whenever she would try to speak or sing, “nothing. All you could do was read my lips.”

Johnson-Chase was resilient, however. She said she knew that God would get her through the painful time.

She said her friend assured her that one day she would talk again. Years later Johnson-Chase was sitting with that same friend when she tried to talk and heard a voice.

“I thought it was somebody behind

me and I jumped. It was my voice that came back. It would come and go, come and go. So I said to my girlfriend, ‘take me back to that doctor that said I’d be dead in three days.’”

When she walked through the door at the hospital, a nurse recognized her, called her name and then told her she had outlived the doctors who predicted that she’d never survive her ordeal.

Johnson-Chase went on to become a certified nursing assistant and cared for many patients, nursing home residents and family members over the years.

“I love taking care of people,” she said. “The kids call me ‘road-runner’ because I like to be busy doing stuff, helping people.”

Although her life’s joy is caring for others and staying busy, Johnson-Chase admits she’d like a vacation to Sandy Cove, Maryland.

When she thinks back on that awful day, she credits her strong faith with keeping her alive.

“I owe it all to God. He’s brought me through so much. I never thought I’d live to see this age,” she said.

*Editor’s Note: According to a released War Department record dated March 31, 1947, nine women were killed in the explosion at Bldg. 509 on Edgewood Arsenal May 25, 1945. More than fifty men and women were injured, three of whom later died from their wounds.*



(Clockwise from top right) Female APG employees assemble and pack hand grenades to be shipped overseas during WWII in an ammunition factory on Edgewood Arsenal; Smoke pours out of Bldg. 509 on Edgewood Arsenal after an explosion on May 25, 1945. The explosion is believed to have been caused by a live grenade detonation; The exterior of the factory is severely damaged after the explosion; Destruction is apparent inside Bldg. 509 after the explosion. Records state nine women were killed and more than 50 were injured in the accident.

Courtesy photos





# Raytheon site receives top safety honor

Story and photo by **RACHEL PONDER**  
*APG News*

A Raytheon worksite at Aberdeen Proving Ground was awarded the Voluntary Protection Program (VPP) Star certification from the Occupational Safety and Health Administration (OSHA) during a ceremony at Bldg. 6260 March 17.

The VPP Star certification is OSHA’s highest safety award.

The Raytheon site, located in The Government and Technology Enterprise (The GATE) office and Technology Park, is the first building on APG to achieve VPP Star status. VPP certification recognizes employers and workers in the private industry and federal agencies who create effective workplace safety systems to help prevent injuries, illnesses and fatalities.

During the ceremony, Raytheon representatives received a VPP flag and plaque from OSHA Compliance Assistance Specialist Brett Beall to recognize the site’s certification.

“Achieving VPP Star status takes dedication, planning and commitment,” he said.

Beall noted that VPP worksites go “above and beyond” what is required. He said that only 2,240 U.S. worksites have achieved VPP Star certification. To earn the achievement, the site underwent a rigorous evaluation by a team of safety and health professionals.

“When you consider that there are over eight million worksites [in America] you can see what an elite group you have joined,” Beall said. “We have constantly observed that those companies who achieve VPP recognition have a positive, result-driven culture that centers on people as the most important part of business.”

Beall said many factors contributed to the VPP certification, including a mix of mandatory training and voluntary information sessions for employees.

For example, last year Raytheon employees received fire extinguisher and emergency evacuation training from Fire Protection Inspector Ernest Little and automated external defibrillator (AED) and cardiopulmonary resuscitation (CPR) trainings from Assistant Chief of Emergency Services Mike Slayman. Little and Slayman are both



(Above) Frank Whiston, Raytheon APG site executive director, thanks employees for their dedication during a ceremony celebrating the site’s Voluntary Protection Program (VPP) Star certification from the Occupational Safety and Health Administration (OSHA) March 17.



(Left) An eye-catching display in the Raytheon APG dining center promotes recycling in the workplace.

APG Directorate of Emergency Services employees.

Beall added that the APG Raytheon site has an effective health and wellness program that includes slim-down challenges, an annual health fair and a dedicated cubicle where employees can check their blood pressure and weight at their convenience.

Frank Whiston, Raytheon APG site executive director, thanked his staff for

their commitment to safety. He noted that the certification process took about two years to complete.

“Today we celebrate a successful collaboration between employees and managers to achieve exemplary safety and health,” Whiston said.

Gary Chilcoat, a Raytheon environmental health and safety manager, said the site takes a proactive approach to safety. For example, every area of the

Raytheon building gets a safety audit once a month, even though audits are only required once a quarter. Ergonomics and slips, trips and falls are the worksite’s biggest safety concerns, he said.

Chilcoat added that in the future he would like to meet with other health and safety managers in The GATE to share best practices for workplace safety.



# Mark Your Calendar

**MORE ONLINE** More events can be seen at [www.TeamAPG.com](http://www.TeamAPG.com)

## events&town halls

### SUNDAY MARCH 29

#### THE LIVING LAST SUPPER

The Palm Sunday communion service will reenact Leonardo da Vinci’s famous painting “The Last Supper” at the APG North (Aberdeen) chapel at 10:15 a.m.

Lunch will immediately follow the service.

For more information, contact Joyce Wood at 410-278-4333 or [joyce.l.wood.civ@mail.mil](mailto:joyce.l.wood.civ@mail.mil).

### WED-THUR APRIL 8-9

#### ACCESSING HIGHER EDUCATION TRACK TRAINING

Accessing Higher Education Track is a two-day workshop for transitioning service members in the SFL-Transition program seeking to enhance their career development through higher education opportunities leading to undergraduate/graduate degrees and professional certificates.

The workshop will help transitioning Soldiers identify educational goals, research and compare institutions, and learn about education funding programs and the college application process

For more information, contact the APG Army Education Center at 410-306-2042 or email education services specialist Tressie Stout at [tressie.d.stout.civ@mail.mil](mailto:tressie.d.stout.civ@mail.mil).

### THURSDAY APRIL 23

#### DAYS OF REMEMBRANCE

Team APG will host the annual Days of Remembrance program, recalling the Holocaust, its victims and survivors, 10:30 to 11:30 a.m. at the post theater. The guest speaker is Buchenwald concentration camp survivor Morris Rosen. Check the APG News or APG social media sites for more information or contact Sheryl Coleman at 410-278-5964 or [sheryl.l.coleman.civ@mail.mil](mailto:sheryl.l.coleman.civ@mail.mil).

### SATURDAY MAY 9

#### SAVE THE DATE - MILITARY RETIREE APPRECIATION DAY

The APG Military Retiree Appreciation Day observance will take place at the APG North (Aberdeen) recreation center with registration starting at 8 a.m.

The annual event provides a setting where retirees can meet other retirees, obtain health and wellness information, update military ID cards, and receive information about legislative updates, command information and other information relevant to retirees.

The guest speaker will be announced at a later date. Activities will include a question and answer session, booths and exhibits and a nominal-fee lunch. Check back with the APG News in April for more information.

## meetings&conferences

### THURSDAY MARCH 26

#### MILITARY OFFICERS OF AMERICA ASSOCIATION MEETING

The Military Officers of America Association (MOAA) Susquehanna chapter will hold its monthly chapter meeting at 510 Johnnys’ Restaurant, 510 Market Place, Bel Air at 6:30 p.m. A buffet dinner will start at 7 p.m.

Guest speakers will include Amy Dean and Brian O’Donnell of the Infrastructure Decontamination and Recovery team under the Joint Project Manager for Elimination. The Joint Project Manager for Elimination provides the DOD and other stakeholders with capabilities that include development and fielding of assessment and destruction technologies for chemical weapons; prevention of proliferation of chemical warfare materiel; and contamination management encompassing a broad range of solutions.

Dinner costs \$30 per person. For reservations, contact TJ Staffieri at [tjs3tjs3@gmail.com](mailto:tjs3tjs3@gmail.com), or visit the MOAA Susquehanna Chapter webpage at [www.susquehanna-moaa.org](http://www.susquehanna-moaa.org).

### TUESDAY APRIL 7

#### DEFENSE ACQUISITION UNIVERSITY TRAINING SYMPOSIUM

The Defense Acquisition University campus at APG will host a VTC for the DAU’s upcoming one-day hot topic training forum. This year’s theme is “Achieving Dominant Capabilities through Technical Excellence and Innovation.” Frank Kendall, Under Secretary of Defense for Acquisition, Technology and Logistics is the keynote speaker.

The training symposium will be fed live from Fort Belvoir to APG’s campus at 6175 Guardian Gateway from 7:45 a.m. to 5 p.m., with no cost to remote viewers. The symposium provides five Continuous Learning Points (CLP) for continued DOD acquisition certification.

The event offers plenary and classroom training sessions tied to the Better Buying

Power 3.0 initiatives. In a period of fiscal challenges and technological opportunities, the training will focus on learning hard skills – training in the latest acquisition policy, practices and techniques that attendees can take back to the workplace and apply.

Seating is limited. To sign up, contact Ben Metcalfe at [benjamin.metcalfe@dau.mil](mailto:benjamin.metcalfe@dau.mil) or 410-272-9471. For more information about the symposium, visit <http://dauaa.org/Symposium2015/Index.htm>.

### FRI & SAT MAY 1 & 2

#### VETERANS LEGAL CAREER FAIR

Registration is open for employers and candidates for the Veterans Legal Career Fair to be conducted over two days at the Marriott Metro Center in Washington, D.C.

The event is meant for experienced lawyers who have served in the military or are transitioning out of military service. The event includes panel presentations, a networking reception and a full day of one-on-one interviews.

Candidates should register by March 27 while employers are encouraged to register by March 13.

The goal of the Veterans Legal Career Fair is to help veterans find jobs and to help top employers gain access to a pool of first-rate candidates who have received unique training, skills and legal insights through their military service.

For more information or to register, visit [www.veteranslegalcareerfair.com](http://www.veteranslegalcareerfair.com)

## health&resiliency

### THURSDAY MARCH 26

#### PREVENTATIVE CARE INFO SESSION

The C4ISR Wellness Committee will host a Preventative Care Informational Session to explore the importance of maintaining a healthy lifestyle from 11:30 a.m. to 12:30 p.m. at Bldg. 6001, second floor, room 224 on the C4ISR campus.

The session is open to military service members, civilians and contractors. C4ISR Slim Down Participants should bring their wellness activity rosters to credit attendance and sign the session sign-in sheet.

For sign language interpreters or other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by March 12.

For more information or to request VTC connections, contact Tiffany Grimes at 443-861-7901 or [tiffany.l.grimes.civ@mail.mil](mailto:tiffany.l.grimes.civ@mail.mil).

### WEDNEDAY APRIL 1

#### 5K RUN/WALK – SEXUAL ASSAULT AWARENESS AND PREVENTION MONTH

Team APG will host a Sexual Assault Awareness and Prevention Month 5K Run/Walk 6 to 9 a.m., starting at Shore Park

Participants are encouraged to wear teal colored shirts and running gear. Sign up at <https://www.eventbrite.com/e/sharp-saam-kick-off-walk-tickets-16204041725>.

For more information, contact Theresa Owolabi APG Garrison Sexual Assault Response Coordinator at 410-278-9820.

### SATURDAY APRIL 11

#### WEAR BLUE: RUN TO REMEMBER HARFORD COUNTY/ APG KICK OFF MEET

A Harford County/APG-based Wear Blue: Run to Remember community has been established, with its first kick off run scheduled for Saturday, April 11 at 8:30 a.m. at the Maryland and Pennsylvania Heritage Trail in Fallston.

Wear Blue: Run to Remember communities run, jog and walk in honor of the nation’s fallen, fighting and families.

Those interested in participating in the run should meet at the Annie’s Playground – Pavilion at 864 Smith Lane, Fallston, Maryland. Pets are allowed, but park rules do not allow retractable leashes.

All ability levels are welcome. Participants are strongly encouraged to wear blue.

For more information, contact Robin Bruns at 910-987-6764 or [brunsrd@yahoo.com](mailto:brunsrd@yahoo.com).

### THURSDAY APRIL 23

#### HOW TO AVOID, DEAL WITH AND ELIMINATE STRESS INFO SESSION

Learn to avoid, deal with and eliminate stress from your work and personal life during a stress informational session hosted by the C4ISR Wellness Committee at the Myer Auditorium, Bldg. 6000 from 11:30 a.m. to 12:30 p.m.

A guest speaker will provide techniques for managing stress and emotional well-being. A mini interactive yoga demonstration to relax the mind, body and spirit is included.

For more information, contact Tiffany Grimes at 443-861-7901 or [tiffany.l.grimes.civ@mail.mil](mailto:tiffany.l.grimes.civ@mail.mil).

### ONGOING APRIL – MAY

#### TOBACCO CESSATION CLASSES

Kick the habit with help from the Harford County Health Department. Free tobacco cessation classes will be offered at the APG North (Aberdeen) main post chapel, every Wednesday, April 15 to May 20, from noon to 1 p.m.

Class size is limited. For more information, to register or to inquire about leave, contact Gale Sauer at [gale.m.sauer.ctr@mail.mil](mailto:gale.m.sauer.ctr@mail.mil) or 443-861-9260.

### SUNDAY MAY 24

#### MD CENTER FOR VETERANS EDUCATION AND TRAINING 20TH ANNUAL 5K/10K RACE

The Maryland Center for Veterans Education and Training, Inc., (MCVET) will host the 20th Annual 5K/10K Races starting 7:30 a.m. (5K) and 8:30 a.m. (10K) at the Baltimore War Memorial Plaza, 500 E Fayette Street, Baltimore, MD 21202.

For the 5K, pre-registration is \$25; race day registration is \$30. For the 10 K, pre-registration is \$30; race day registration is \$35.

All proceeds benefits the MCVET mission to provide homeless veterans with comprehensive services to enable them to rejoin their communities as productive citizens.

To register, go to [www.mcvet.org](http://www.mcvet.org) or [www.charmcityrun.com](http://www.charmcityrun.com).

For more information, contact MCVET race director Roseline Taylor at 410-576-9626, Ext. 253 or [info@mcvet.org](mailto:info@mcvet.org) [www.facebook.com/MCVET.Baltimore](https://www.facebook.com/MCVET.Baltimore)

### THROUGH 2015

#### 2015 CPR, AED CLASS SCHEDULE

The APG Directorate of Emergency Services has announced the CPR/AED class schedule for 2015. Classes are open to the entire APG community.

April 22 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

May 20 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

June 17 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

July 15 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Aug. 19 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Sept. 16 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Oct. 21 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Nov. 18 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Dec 16 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

For more information, contact Mike Slayman at 410-306-0566.

## miscellaneous

### STARTING APRIL 1

#### PT ROUTE CHANGES

APG motorists should take note of changes to the Army Physical Training and Physical Fitness Test routes on both APG North (Aberdeen) and APG South (Edgewood).

The new PT routes will go into effect starting April 1, between the hours of 6 and 8 a.m., Monday, Wednesday and Friday.

On APG North, Aberdeen Boulevard, starting near the old museum at Maryland Boulevard, west to Patriot Way will be closed to all vehicle traffic during PT hours, said 1st Sgt. Daniel Nelson, Headquarters, Headquarters Company.

Drivers attempting to cross Aberdeen Boulevard on Garden Drive and Rodman Road will not be permitted during that time, he added.

On APG South, the loop between Junkin, Austin and Jessup roads will be closed to vehicle traffic during PT hours. The loop between 11th Street and Sibert and Waehli roads will also be closed.

Soldiers will be running in formation on these routes. As always, motorists should be cautious when driving near or passing any pedestrian. All pedestrians are required to wear reflective belts.

### THROUGH APRIL 10

#### 2015-16 SENIOR SERVICE COLLEGE FELLOWSHIP PROGRAM ACCEPTING APPLICATIONS

The U.S. Army Acquisition Support Center is currently accepting applications for the 2015-16 SSCF program through April 10. The SSCF Program is a 10-month educational opportunity conducted under the auspices of the Defense Acquisition University (DAU) at Aberdeen Proving Ground, as well as Huntsville, Alabama and Warren,

Michigan.

The SSCF program prepares government civilians at the GS-14/15 levels or equivalent for senior leadership roles by providing training in leadership and acquisition. Program components include completion of DAU’s Program Management Course (PMT 401), courses in leadership, applications of acquisition to national defense issues, research in acquisition topics, mentoring, and a distinguished speaker program.

For complete program information and application requirements, please visit: <http://asc.army.mil>. For APG specific program information, please visit: <http://www.dau.mil/sscf/Pages/apg.aspx>

For more information about the program, contact Jim Oman at [james.oman@dau.mil](mailto:james.oman@dau.mil) or 410-272-9470.

### FRIDAY APRIL 17

#### ENVIRONMENTAL ASSESSMENT COMMENTS DEADLINE

Aberdeen Proving Ground is proposing to upgrade and construct new electrical utility infrastructure (e.g., wires, poles, switches, and transformers) within the Aberdeen and Edgewood areas of APG.

An Environmental Assessment (EA) has been prepared to identify and evaluate potential adverse environmental effects associated with the construction and operations of the proposed electrical utility infrastructure modernization.

The Draft EA and FNSI are available to review at: <https://www.apg.army.mil/InstallationPolicies>. Scroll down to public notices.

Comments will be accepted until Friday, April 17 and can be addressed to: USAGAPG, ATTN: Arnold O’Sullivan 4304 Susquehanna Avenue 3d Floor Suite B Aberdeen Proving Ground, Maryland 21005-5001

### FRIDAY MAY 1

#### 2015 VETERANS SUMMER SPORTS CLINIC APPLICATION DEADLINE

The Department of Veterans Affairs (VA) is accepting applications from veterans interested in participating in the 2015 National Veterans Summer Sports Clinic.

The 2015 National Veterans Summer Sports Clinic will be held Sept. 13-18 at the VA San Diego Healthcare System in San Diego, California. The annual event is expected to attract veterans from all over the country who have sustained a variety of injuries ranging from traumatic brain injury and polytrauma, to spinal cord injury or loss of limb.

The National Veterans Summer Sports Clinic represents VA’s continued commitment to offer adaptive sports and recreation therapy as an integral part of a successful rehabilitation program.

The deadline to apply for the 2015 National Veterans Summer Sports Clinic is May 1.

For more information or for an application, visit <http://www.summersportsclinic.va.gov>.

### THROUGH 2015

#### MOTORCYCLE SAFETY COURSES

Training schedules have been set for the 2015 Local Hazards Course and Intermediate Driver’s Course. Training will be held in Bldg. 4305 Susquehanna Avenue, room 243A. Attendees must register online at AIRS through the [www.TeamAPG.com](http://www.TeamAPG.com) web site at <https://apps.imcom.army.mil/airs/>.

**Local Hazards Course:**

This is a 30-minute course is for personnel who are new to APG. It is a mandatory course for all APG service members, family members, DOD civilians, and contractors who are licensed motorcycle drivers. Those on temporary duty (TDY) at APG for more than 30 day also are required to take the course. Additional classes will be added as needed.

Course time: 7:30 to 8 a.m. and 8:15 to 8:45 a.m.

Course dates: April 23; May 21; June 18; July 9; Aug. 13; Sept. 17; Oct. 8; Nov. 12; and Dec. 10.

**Intermediate Driver’s Course:**

This two-and-one-half hour course builds on themes introduced during the Introductory Course 1 taken during basic and advanced individual training. This course is mandatory for service members age 26 and younger and may be used to satisfy the remedial defensive driving course. Additional classes will be added as needed.

Course time: 9 to 11:30 a.m.

Course dates: April 23; May 21; June 18; July 9; Aug. 13; Sept. 17; Oct. 8; Nov. 12 and Dec. 10

For more information, contact H. Mike Allen at the Installation Safety Office at 410-306-1081 or [horace.m.allen.civ@mail.mil](mailto:horace.m.allen.civ@mail.mil).





# RISING TO THE CHALLENGE

## Cadets take vocational training

Story and photos by **RACHEL PONDER**  
APG News

It has been 10 weeks since Class #44 arrived at the Maryland National Guard Freestate ChalleNGe Academy at Aberdeen Proving Ground.

Maryland teens who enroll in FCA are considered “at risk youth” who have dropped out of high school, and are looking for a fresh start. For 22 weeks, the cadets voluntarily live in the academy’s residential program, a structured, disciplined, military-style environment.

Over the past 10 weeks the cadets have prepared for the General Education Development (GED) test and have adapted to a strict schedule, consisting of 9 p.m. lights out and 5:30 a.m. wake-up calls for PT. Every minute is accounted for and cadets are not allowed outside distractions like cell-phones or social media.

Throughout the cycle, cadets receive points based on behavior. Cadets with the highest points are eligible to enroll in vocational training such as at the National Center on Institutions and Alternatives (NCIA) Youth in Transition School, near Baltimore.

Forty cadets, including Gabrielle Remines and Darlan Suarez, are enrolled at NCIA. There the cadets will receive horticulture, culinary arts, automotive, barbering and cosmetology training for 20 weeks. Remines and Suarez are enrolled in culinary arts training.

Chef Benny Gordon, an NCIA instructor, said his goal is to prepare students for employment in the food service industry. Throughout the training, students develop skills in sanitation, storage, food preparation, and the safe handling of food. So far, the cadets have made chicken wings, soup, cookies and cake.

Gordon said the teens will also gain experience growing food on a farm on the NCIA campus.

“This is hands-on learning, from farm-to-table,” he said. He added that



**Suarez**



**Remines**



the partnership with FCA has been very positive and that the cadets are learning to communicate effectively and work together as a team.

“You see the enthusiasm of the kids, you see that they are engaged, they are happy,” he said. “When they leave this program they will be able to work at almost any restaurant because they have practical skills.”

LaDeana Wentzel, the executive director of the Restaurant Association of Maryland Education Foundation, has assisted with the culinary arts training. She recently taught the cadets basic decorating techniques as well as how to bake a cake from scratch.

Wentzel said she was impressed with Remines’ aptitude and desire for baking.

“I am impressed with the cadets, they are very eager to learn and are respectful,” she said.

Remines and Suarez said they see vocational training as an opportunity to have fun while learning practical skills.

“It is a break from the routine (at FCA) and makes time go faster,” Suarez said. “I can use what I learn here to cook for my family.”

He added that in the future he sees himself as a chef in the Air Force.

Remines said that the culinary training has helped her cope with the rigorous academic training she receives at FCA during the week.



(Top) Cadet Darlan Suarez, far left, watches as Chef Benny Gordon, an instructor from the National Center on Institutions and Alternatives (NCIA) Youth in Transition School, sautés chicken wings during a training session March 14. (Bottom) Cadet Gabrielle Remines learns how to fry chicken wings during culinary arts training at the NCIA Youth in Transition School.

“It takes your mind off things,” she said. “It gives you a chance to leave Freestate, get a change of scenery.”

Remines said she hopes to work in a restaurant before joining the Navy.

*Editor’s note: This is the second installment of the “Rising to the ChalleNGe”*

*series following the lives of Freestate ChalleNGe Academy (FCA) Class #44 cadets Gabrielle Remines, 16, from Harford County, and Darlan Suarez, 17, from Prince George’s County. Shaquan Cheeks, featured in the first installment, has withdrawn from the FCA.*

## APG foresters receive national exposure

By **YVONNE JOHNSON**  
APG News

The forestry program within the APG Directorate of Public Works gained national attention recently when it was highlighted in the February 2015 issue of “The Forestry Source” the national newsletter of the Society of American Foresters (SAF).

Joseph M. Smith, SAF chief, director of communications, penned the article, titled, “It’s Not Forestry, It’s Army Forestry,” which appeared on the publication’s front page.

Smith was already aware of the natural resources on post – his wife, Lisa, is a government civilian with the Edgewood Chemical Biological Center. He said he was interested in military forestry and how it differs from traditional forestry.

“It was great to learn about the way forestry is practiced on base from the folks who carry it out,” he said.

Forester Scott English and environmental protection specialist Jessica Baylor, both of DPW’s Environmental Division, showed Smith around different areas of the installation, providing him an overall look at the forestry mission.

“We basically just took him out and showed him what we do,” English said.

They showed him tree restoration project areas like those focused on restoring native oak trees and explained how projects influence the bald eagle habitats and Army testing and training areas now and in the future.

They showed him freshly planted areas demonstrating their compliance with the Coastal Zone Management Act, through an agreement between APG and the Maryland Department of Natural Resources Forest Service and the Critical Area Commission projects that spur regeneration, instead of planting trees in open military mission areas.

Smith said what surprised him the most was the coordination that has to occur

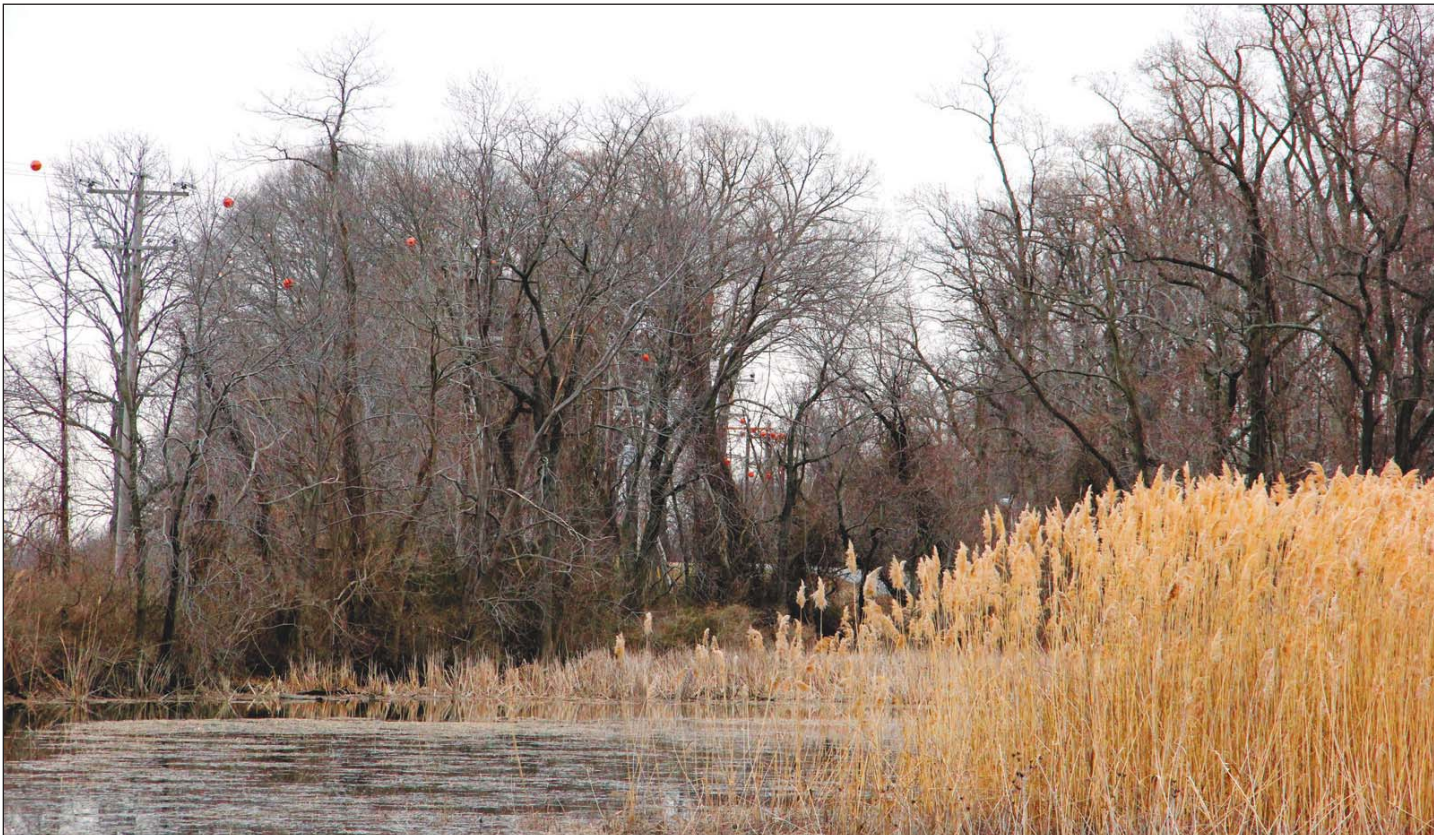


Photo by Molly Blossie

**It’s all about relationships for APG foresters who work to protect, maintain and increase the installation’s thousands of acres of forested areas, many of which border marshy habitats like the one shown here.**

between DPW foresters and test range personnel before the foresters can approach a particular area due to munitions testing and unexploded ordnance (UXO) threats.

He said he also was impressed by, “their flexibility in response to changing missions as well as their work on behalf of the eagle population.”

“It would be nice if people knew more about the good things that Scott and Jess are doing to comply with federal environmental regulations, sustain the military mission, bolster the post’s bald eagle populations and keep APG forested,” Smith said

“When it comes to natural resources

conservation, the Army doesn’t immediately come to mind as an organization concerned about the environment. What Scott and Jess are doing could go a long way to change that.”

A government civilian for 30 years, English has been in forestry since 1997 and at DPW since 2009.

He noted that APG forested areas generate enough oxygen to supply the city of Baltimore every day.

“A big part of what we do is support and sustain and increase healthy forests,” he said. “A lot of people don’t think of the military as [environmental] stewards but the fact is we’re exception-

al stewards. It’s all about relationships.

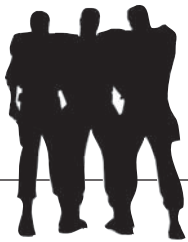
“It’s my job to protect, sustain and increase the forests for APG testing and training missions, ecosystem services, and wildlife. As a forester, I’m trying to sustain their habitats.”

English said it’s all included in the 2015 Forest Management Plan he’s been working on for the Garrison.

“I’ve actually been working on implementing it for years,” he said. “As soon as the trees stop growing I’ll be able to catch up.”

For more information about SAF contact Smith at 301-897-8720 or smithj@safenet.org.





# MEMORIES OF ‘NAM



## A hero who came home from ‘Nam

By **YVONNE JOHNSON**  
*APG News*

Marcelino Burgos is adamant about not being called a hero. A former Army medic who served in Vietnam, Burgos said he evacuated enough Soldiers who were wounded or killed in action to know what heroism means.



**Burgos**

“The real heroes never made it home,” he said.

Burgos grew up in Puerto Rico in the 1930s and 40s. When he was 16, his father signed for him to join the Puerto Rico National Guard. He tried twice to volunteer for the Korean War but weighed only 100 pounds and was turned away. He finally was approved to go active in 1956.

Burgos trained at Fort Dix, New Jersey and at Fort Leonard Wood, Missouri for combat engineer and demolitions. Remarkably, when he reached his first duty station at Fort Ord, California, he was assigned as an ambulance driver for the post hospital. He eventually received additional training and became an Army medic, then served out his 2-year enlistment and left the Army in 1958.

“That turned out different than what I expected,” Burgos said of his first tour.

He returned to Puerto Rico with hopes of finishing school but things didn’t work out and he was back in the Army by the end of the year.

He was sent to Panama where he served in the 193rd Infantry Brigade at Fort Kobbe in the Canal Zone and then returned stateside in 1960. Assigned to Fort Benning, Georgia, Burgos said, “that’s when things got interesting.”

**Discrimination**

Segregation laws and discrimination

schemes targeting people of color were hallmarks of the South during that era, Burgos said, and he found that Hispanics were no exception.

“Tensions were bad all over,” he said. “There were a lot of places we knew we couldn’t stop for gas or to get a bite to eat. It didn’t matter that you wore your country’s uniform. I remember wondering, ‘how is it that we serve out country but we’re still outcasts?’”

On a friend’s recommendation, Burgos put in for advanced medical training at Womack Army Community Hospital (now Womack Army Medical Center) at Fort Bragg, North Carolina and was accepted. He said he found things no better there.

He recalled when he and a fellow Soldier in uniform stopped for gas and burgers while traveling through the state. After 15 minutes and no burgers they decided to leave when they were stopped by state troopers who detained them for a short while before escorting them to the outskirts of the town.

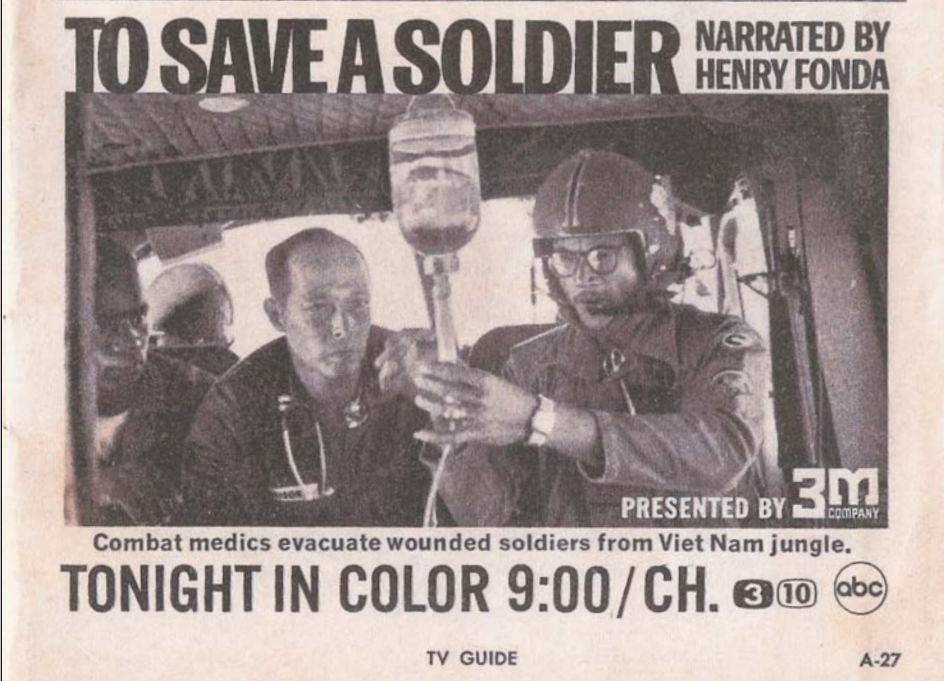
“They told us get out of my town and I don’t want to see you again,” Burgos said. “It was not a very pleasant time. Some people think discrimination is just a word. But it existed then and it still does.”

Burgos completed tours in Korea and Fort Lewis, Washington and then things started heating up in Southeast Asia. He said it wasn’t long before the Army realized the need for medical ambulance personnel.

**First tour in ‘Nam**

His first tour in ‘Nam was from 1965-66 with the 283rd Medical Detachment (Helicopter Ambulance). In 1998, the 283rd was re-designated the 68th Medical Company (Air Ambulance).

“I looked at it as a duty I had to perform,” he said of his first combat tour. “I focused on my mission to pick up the wounded – sometimes the dead – and transport them to the nearest field hospi-



Courtesy photo

Army retiree Marcelino Burgos of Abingdon, right, is shown setting up a plasma IV for a patient during a Dustoff medevac in Vietnam. The photo appeared in the October 1966 “TV Guide” to advertise the documentary “To Save a Soldier,” which featured Burgos and his medevac team.

tal or surgical hospital depending on the severity [of their injuries]. A lot of times we went in under fire. A lot of times we had to wait for a landing zone.

“Whatever the circumstances, I was determined to do the best job I could. So many were counting on us.”

He said the red crosses on the “Dustoff” helicopters didn’t deter enemy fire. He was wounded twice but turned down his nomination for the Purple Heart Medal.

“I was picking up people with no arms or legs,” he said. “I couldn’t live with myself if I accepted that medal.”

During the tour, Burgos gained a bit more than his 15 minutes of fame when a film crew arrived to shoot a documentary about military medicine.

**“To Save a Soldier”**

The crew, which flew with Burgos’s team during their initial visit the previous month, requested the same team for the documentary.

The result was the film, “To Save a Soldier,” which documented the medevac of an American Soldier from the jungles of Vietnam and followed him through treatment at hospitals in the Philippines and stateside, all the way back to his home in Wisconsin.

The late actor Henry Fonda narrated the film which aired nationwide on ABC-TV networks Monday, Oct. 24, 1966.

Burgos said their segment of the film was less of an adventure than it appeared.

“We just did our jobs while the cameras rolled, he said. “I cared for him [the patient] like I normally would.”

A photo of Burgos inside the helicopter, administering plasma through an IV, was used to advertise the documentary. It put a face on the Army medical corps that the public had never seen before.

The event was some of his lighter duty in ‘Nam. For courage under fire, Burgos was awarded the Air Medal with 14 oak leaf clusters and the Bronze Star with V-device and two oak leaf clusters; one for making his way through a mine field to rescue a wounded Soldier and the other for entering an embattled area under intense fire five times to rescue wounded Soldiers.

During that single tour, from August 1965-66, Burgos logged 397 combat hours, flew 539 missions, and treated 1,240 patients.

Burgos said he had no idea about the fuss being made about “To Save a Soldier” until he returned to the states.

From ‘Nam he went to Fort Hood, Texas, a specialist 5 by then, he was assigned to the 3rd Battalion, 2nd Infantry (Old Guard), but he was in-country only two months when he was ordered back to ‘Nam.

“Medical personnel were sorely needed back there, but I needed to spend some time back home with my family,” he said.

When told by his commander he could get him out of the orders if he

stayed with the unit for one year, Burgos readily agreed.

“Then they found out that that was my picture in the “TV Guide” and everything changed,” he said. “I was pretty much a celebrity after that.”

**A local celebrity**

When the local press got hold of the information, Burgos went to interview after interview. He maintains a scrapbook of most of the news clippings, including a “Stars & Stripes” article attributing “the lowest combat death rate in history – some 400 percent below World War II and 200 percent less than Korea,” to “Operation Dustoff” the nickname for the mission helicopter ambulances fly in Vietnam.”

Burgos still has the original “TV Guide” with his photo in it and the late, iconic comedienne Lucille Ball on the cover. The issue cost \$0.15.

Within that year in the states, Burgos rose from specialist 5 (E-5) to sergeant first class (E-7) and became the 1st Battalion, 52nd Infantry medical platoon sergeant. He returned to ‘Nam for a second tour, from 1967 to 1968, and a third tour from 1969 to 1970.

**Retirement**

After his ‘Nam years Burgos served in Puerto Rico, at Landstuhl, Germany and at Fort Devens, Massachusetts. He retired in 1980.

Burgos met his wife, a Harford County native, in Germany and they returned to this area where he worked for the U.S. Postal Service at Aberdeen Proving Ground until he retired in 2007.

Married 38 years in April, Burgos said he is happy with life as it turned out. With two daughters, one son, four grandchildren, two great-grandchildren and one on the way, he said he is happy to live quietly and enjoy his family.

He said he turned to the post office after the Army because he’d had enough of the medical field.

“In ‘Nam, I performed minor surgeries, I prescribed medications. You couldn’t do any of that when I got out. And the job market wasn’t the best.”

He said when he remembers ‘Nam he recalls it as an exercise in focus.

“Once you dedicated yourself to do your job it was just a matter of leaning on and trusting in your training,” he said. “Every time I left ‘Nam, I left ‘Nam behind. I knew I would go back but I’ve always tried to prepare myself for what’s ahead and leave what’s behind, behind. You have to take responsibility for what you do with your life. No one else on earth can do that for you.

“We trained every day for the unexpected,” he added. “Life was ending all around us. But a certain amount of danger exists no matter where you are.

“If there’s one thing I learned from Vietnam it’s to live your life. It’s what you make of it. And it can be whatever you want it to be.”



# APG NEWS

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# All Things MARYLAND

## Historic Ellicott City

*Picturesque Main Street nods to city's past*

By **STACY SMITH**  
APG News

With picturesque images of clean-cut lawns, parade floats and white picket fences, America's main streets are an indelible part of the nation's shared heritage. Historic Ellicott City, located in Howard County, Maryland, features a popular main street that blends small-town charm with 21st century consumerism.

The city was founded in 1772 as Ellicott Mills by three Quaker brothers who were searching for land to grow wheat and harness water power for a mill. The area's lush vegetation and water supply convinced Joseph, Andrew and John Ellicott to purchase several acres east of the Patapsco River in a valley known simply as the "Hollow."

According to the Historic Ellicott City website, "the Quakers cleared and plowed fields and cut timber for the first buildings. Slowly the beginnings of a village rose from the landscape: a saw mill, a flour mill, a large log dwelling, a store, and John's house."

Land was plentiful but tobacco farming had drained the soil. Earlier settlers had moved on to Ohio and Kentucky looking for better farmland. But the resourceful Ellicott's spun straw into gold when they discovered that using ground plaster of Paris to fertilize depleted soils could make the land more suitable for growing grain. So in addition to their flour mill business, the brothers milled plaster of Paris and sold it to farmers struggling with infertile soil.

Thus, Ellicott Mills began inauspiciously yet prospered, especially at the end of the Revolutionary War when the wheat supply increased. To export their products, the brothers built a wharf at the corner of Pratt and Light streets near what is now Baltimore's Inner Harbor.

By the early 1800s the mills developed a respectable reputation on the backs of the industrious and enterprising



Photo by Molly Blossie

The picturesque Main Street in Historic Ellicott City features cafes, restaurants, antique stores and speciality shops. "Money" magazine ranked the city second out of the "Top 100 Best Places to Live in America." Ellicott City is about an hour's drive from Aberdeen Proving Ground.

Ellicott brothers.

Today, Ellicott Mills is the site of Historic Ellicott City, a popular tourist destination that features upscale shops, antiques stores, markets, restaurants and attractions.

According to the Howard County tourism website, "Money" magazine ranked the city second in their "Top 100 Best Places to Live in America."

Visitors can stroll down the city's Main Street during the first Friday of every month from April through September to hear live music featuring the best

of local talent. Every April 25 the city celebrates Earth Day with "Springfest," an outdoor gathering where visitors can enjoy crafts and live entertainment, in a family-friendly atmosphere.

The city also boasts the first Baltimore and Ohio Railroad terminus outside of Baltimore; the oldest standing B&O railroad station in America. The station was restored after Tropical Storm Agnes nearly destroyed it in 1972. It opened as a museum in 1976 and promotes preservation, restoration and education in the city's Historic District.

The city's other historic sites are open every Saturday and Sunday and include the Firehouse Museum and the Thomas Isaac Log Cabin, as well as the restored Ellicott City Colored School and the Patapsco Female Institute Historic Park.

Historic Ellicott City is located less than an hour from APG via I-95 South. For more information about the Historic District, visit [www.ellicottcity.net](http://www.ellicottcity.net), or contact Howard County tourism at 410-313-1900.

For information about the B&O Railroad Museum, visit [www.borail.org](http://www.borail.org).

## 20th CBRNE troops host Military Working Dog training

By **WALTER T. HAM IV**  
20th CBRNE Command

Soldiers from the 630th Explosive Ordnance Disposal Company hosted improvised explosive device training for Military Working Dog teams at Fort Riley, Kansas.

The U.S. Army EOD technicians helped five Military Working Dog (MWD) teams from the 523rd MWD Detachment to hone their life-saving skills.

Accompanied by their handlers, three Belgian Malinois and two German Shepherds nosed their way around the simulated battlefield, locating hidden explosive hazards.

"The MWD teams play a key role in keeping Soldiers safe downrange," said Staff Sgt. Gerald Desmond, the EOD team leader at the exercise. "EOD and military working dogs frequently cross paths as both our jobs involve the detection of improvised explosive devices and explosives."

"Often EOD teams are responding to devices that were found by



Courtesy photo

Soldiers from the 20th CBRNE Command hosted improvised explosive device training for Military Working Dog teams at Fort Riley, Kansas.

MWDs, and by training together and understanding the other's role, we can facilitate a much more efficient work-

ing relationship," said Desmond, a U.S. Army combat veteran who has deployed to Iraq and Afghanistan.

The 630th EOD Company is part of the 84th EOD Battalion, 71st EOD Group, 20th CBRNE (Chemical, Biological, Radiological, Nuclear, Explosives), the Defense Department's only formation that combats CBRNE threats.

In support of law enforcement officials, the Fort Riley-based 84th EOD Battalion conducts domestic explosive mitigation missions across 332 counties in Kansas, Missouri, Nebraska, North Dakota and South Dakota.

Stationed on 19 installations in 16 states, 20th CBRNE Soldiers and civilians train with allied, interagency and joint partners to confront and defeat global CBRNE hazards.

Desmond said military working dogs save lives.

"Military working dogs are an invaluable tool to keep Soldiers a safe distance away from possible explosive hazards," he said. "The dogs are able to smell things that no Soldier will ever be able to detect, even with our most advanced equipment."

### WORD OF THE WEEK

#### Fard

Pronounced: fahrđ

**Part of speech: Noun; Verb**

**Definition:**

1. (Noun) Colour or paint used on the face; makeup, war-paint.
2. (Verb) To paint, as the face or cheeks; to apply makeup, use cosmetics

**Use:**

- Third-person singular simple present: fards
- Present participle: farding
- Simple past and past participle: farded

**Origin**

From Middle English, from Middle French, from Old French fard ("make-up, cosmetics"), from farder ("to apply make-up, use cosmetics"), from Old Frankish \*farwīdon ("to dye, colour"), from Proto-Germanic \*farwīþona ("to colour"), from Proto-Germanic \*farwo ("colour"), from Proto-Indo-European ("motley, coloured"). Cognate with Old High German farwjan ("to colour") (High German Farbe ("colour")), Middle Low German varwe ("colour") (Low German Farwe ("colour")), Latin pulcher ("beautiful"), Welsh erch ("dark brown").

By **YVONNE JOHNSON**, APG News  
Source: Webster's New World College Dictionary

### ACRONYM OF THE WEEK



# NCIS

NAVAL CRIMINAL INVESTIGATIVE SERVICE

## NCIS

**Naval Criminal Investigative Service**

The NCIS mission is to investigate and defeat criminal, terrorist, and foreign intelligence threats to the United States Navy and Marine Corps – ashore, afloat and in cyberspace.

Headquartered in Quantico, Virginia, the NCIS is the primary law enforcement agency of the Department of the Navy. It investigates activities concerning crimes against or by Navy and Marine Corps personnel, along with national security, counter-intelligence and counter-terrorism cases, and is the successor organization to the former Investigative Service. NCIS agents also protect senior Navy and USMC officers and officials.

Naval NCIS is a predominantly civilian agency, with civilian leadership reporting directly to the Secretary of the Navy.

By **YVONNE JOHNSON**, APG News  
Source: <http://www.ncis.navy.mil/>; <http://wikipedia.org>



# MORALE, WELFARE & RECREATION



## Upcoming Activities

### SAVE THE DATE 2K COLOR FAMILY FUN RUN APRIL 18

A 2K color run is scheduled for Saturday, April 18 from 9 a.m. to noon in celebration of Month of the Military Child at the APG North (Aberdeen) Youth Center, Bldg. 2522. The event is free. Register online at <https://event-brite.com>.

For more information, contact: Stacie Umbarger at [stacie.e.umbarger.naf@mail.mil](mailto:stacie.e.umbarger.naf@mail.mil) or call 410-278-2857. **REGISTRATION INFORMATION:** Please visit the Parent Central Office, Bldg 2503 Highpoint Road, second floor, rooms 210/211/209, or call 410-278-7571/7479 to register.

### CHILD & YOUTH SERVICES SAT PREPARATION CLASSES MARCH 26 – APRIL 30

Get ready for the SATs with Sue Fassold, who works with students of all levels to prepare them for all areas of the SATs: Critical Reading, Math, and Writing. Online video chat small-group sessions offered in the Aberdeen Youth Center, Tech Lab.

Winter Session: Every Thursday, March 26 - April 30 (SAT Test Date: May 2)

The preparation class does not include the official exam. Each class is limited to five students per session.

AGES: 14-18 years  
COST/FEE: \$225 (this includes the cost of the SAT Prep Book)  
For more information, contact Shirelle Womack at 410-278-4589 or [shirelle.j.womack.naf@mail.mil](mailto:shirelle.j.womack.naf@mail.mil).

### SKIES VOLUNTEERS NEEDED THROUGH AUGUST 1

APG CYSS is looking for qualified volunteers to provide classes for children and youth ages 2-15. We are currently seeking Art and Cooking instructors for the summer. CYSS offers a free training program to instructors suitable to use for future employment. A background clearance is required.

SKIES will work with instructors to assist in days and times which are most convenient for the instructor as much as possible.

For more information, contact SKIES Director, Shirelle Womack at [shirelle.j.womack.naf@mail.mil](mailto:shirelle.j.womack.naf@mail.mil) or at 410-278-4589.

### MOMMY AND ME YOGA APRIL 13-MAY 18TH

APG MWR will offer a six-week series of Mommy and Me Yoga Classes starting April 13, every Monday, from 9-9:45 a.m. at the APG North (Aberdeen) recreation center.

Open to mom (or dad!) and a child ages 2 to 4-years-old, Mommy and Me classes are a fun way to reconnect with your body while enjoying time with your young one. It's a great way to take part in an understanding community of other parents.

For more information, contact SKIES at 410-278-4589/1399.

### JUNIOR & TEEN TAEKWONDO APRIL 20 – JUNE 22

Basic and Intermediate Taekwondo classes will now be offered in Bldg. 2407. TKD promotes discipline and defense, as well as muscle toning and conditioning. Students will learn blocking, punching and kicking techniques and form.

Classes will be held each Monday and Wednesday, April 20 – June 22. Basic TKD is open to children ages 7 and up, for white to blue belts, from 6:15 to 7:15 p.m. Intermediate/Advanced TKD is open to children ages 7 and up, for green belt and above, from 7:15 to 8:15 p.m.

Cost is \$153 per child and does not include cost of Gi and pad equipment.

For more information, contact SKIES at 410-278-4589.

### PRE-TODDLER AGE CDC OPENINGS

Child, Youth and School Services (CYSS) at Aberdeen Proving Ground (APG) offer active duty military, and DOD civilians and contractors a comprehensive program to assist with full-day child care needs.

The APG programs currently

have immediate full-time child care openings at the Aberdeen and Bay-side CDCs for children aged 13 to 16-months-old. Participants must be registered with the Parent Central Office. Fees are based on the total family income.

For more information contact the Parent Central Office at 410-278-7479 or 410-278-7571.

Through Teaching Strategies Creative Curriculum and TS Gold, our installation helps children work with their strengths, interests, and each other, to feel good about themselves, and to grow as individuals. Activities are offered in the areas of oral language, social/emotional, physical, cognitive, literacy, mathematics, science & technology, social studies, arts and English language acquisition. Sign up your child today.

### COMMUNITY RECREATIONS PAINT AND SIP CLASS MARCH 26

Learn to paint while enjoying your favorite beverage and snack at a Paint and Sip Class at Ruggles Club House 6:30 to 9:30 p.m. The cost is \$35 per person, and glassware, paint and brushes will be provided. Tickets are available in the Leisure Travel Office or on the MWR website [www.apgmwr.com](http://www.apgmwr.com).

For more information, call 410-278-4011/3931.

### SPORTS & RECREATION PAY DAY SCRAMBLE APRIL 3

At the request of Team APG golfers, Ruggles Golf Course will now host a once-a-month Pay Day Scramble from 1 to 7 p.m.

April 3 will serve as the inaugural Pay Day 4-person Scramble. Sign up as a team or individually. Registration will begin at 11 a.m. Shotgun start at noon. Awards and prizes will be given out at 6 p.m.

The scramble will cost \$35 for annual members and active-duty military, and \$50 for all other players. Price includes on-course lunch and beverages, and prizes.

For more information contact the

Golf Shop at 410-278-4794.

### GET GOLF READY ONGOING

Take part in this five-week course to learn the game of golf for only \$99 for the entire session.

Space is limited. Call the golf shop for dates and times at 410-278-4794.

### ARMY COMMUNITY SERVICE BANKING AND CHECKING MARCH 31

Learn how to choose financial services and institutions that best meet your needs. Basic information on banking and checking accounts and other financial services will be provided.

For more information, contact Leary Henry, Financial Readiness Program Manager at [leary.g.henry.civ@mail.mil](mailto:leary.g.henry.civ@mail.mil) or call 410-278-7572.

### CREATING A SOLID SPENDING PLAN

Make plans to attend this free class to learn how to balance your finances. This information can help you stay disciplined and organized financially, which is the first step to knowing your overall financial health. In this easy to follow one-hour class, whether employed or unemployed, you will get the information you need to create and maintain your personal financial goals.

Class will be held on the following dates from 11:30 a.m. to 12:30 p.m. at Army Community Service, Bldg. 2503:

- Wednesday, June 17
- Wednesday, Sept. 9
- Wednesday, Nov. 18

Registration is required. To reserve a seat call ACS 410-278-9669/7572.

**MORE ONLINE** Learn more about APG MWR activities and services by going online at [www.apgmwr.com](http://www.apgmwr.com) and downloading the FMWR Directory.

# Story Time

April 3, 2015  
10:30-11:30 am  
Bayside Community Center  
with Guest Storyteller MG Crawford, APG Senior Commander

Stories for both pre-schoolers and school-aged children

Contact [apg.library@us.army.mil](mailto:apg.library@us.army.mil) or 410-278-3417 for more information



**For more information**  
contact [apg.library@us.army.mil](mailto:apg.library@us.army.mil)  
or 410-278-3417 for more information

# EASTER BRUNCH



April 5, 9:30 A.M. - 2:00 P.M.  
TOP OF THE BAY, 30 PLUMB POINT LOOP

**Breakfast Buffet:**  
Omelet Station w/ Assorted fillings, Waffles & Toppings, Sausage Gravy & Biscuits, Home fries, Scrambled Eggs, Sausage Links, Bacon, Grits, muffins & Cold Cereal, Carving Stations of Roast Beef & Ham

**Lunch Buffet:**  
Salad Station, Seafood Newburg, Chicken Marsala, Rice Pilaf, Garlic Mashed Red Skin Potatoes, Vegetable Blend & Sautéed Green Beans

**Dessert Station:**  
Featuring Fresh Fruits and Assorted Desserts

**Adults are \$27.95**  
**Children 6 - 12 years \$12.95**  
**Children 5 and under free**

Easter Bunny will be making his annual appearance 9:30 a.m to 2:00 p.m.

Seating is limited and Reservations are required. Reservations can be made by going on line to <https://webtrac.mwr.army.mil/webtrac/apgrectrac.html> or by calling 410-278-5915/2552/3062





# \$2 OFF

YOUR FOOD WHEN YOU SPEND \$10 OR MORE

APG Bowling Center  
Expires June 30, 2015





# ONE FREE GAME

APG Bowling Center  
Expires June 30, 2015





# Bowling center under new management

By **STACY SMITH**  
APG News

The former catering director at Top of the Bay is now the new manager of the Bowling Center and Strike Force Cafe at APG North (Aberdeen).

Richard Burdette said he plans to expand the center’s targeted clientele by attracting more APG employees for team-building events.

“There are so many organizations on this installation that could benefit from it. And it’s always good to get out of the office for an hour or two,” Burdette said.

The Bowling Center has four party rooms located near the bowling lanes that are an available venue for hosting celebrations and office functions. Burdette said it also can provide special events or catering for businesses outside of APG.

“We’re more than just a bowling alley,” he said.

Burdette said he also hopes to promote more fun nights and special events to increase use of the facility on

weekends.

“Right now we’re closed on Sundays because we haven’t had the business, but more promotion [and] more marketing will hopefully drive more business in and force us to open up on Sundays,” he said. “That’s our goal.”

Burdette said he doesn’t foresee making large changes to the center, just “minor tweaks to the operation...everything is kind of already in place. It’s just adding my little touch to it.”

Burdette is in his fourth year at APG, and his fourteenth year with Morale Welfare and Recreation. Before becoming catering director at Top of the Bay, he spent a year at Ruggles Golf Course as the food and beverage manager. Before coming to APG, Burdette spent 11 years working at Selfridge Air National Guard Base in Michigan.

Burdette said he thinks of his new position as a great opportunity. He said good communication underlies his managerial style.

“I would never ask anybody to do



anything I wouldn’t do myself,” he said. “Everything is about being a team and just having fun.”

The Bowling Center hours are Monday and Tuesday, 9 a.m. to 3 p.m., Wednesday through Friday, 9 a.m. to 10 p.m.; and Saturday, 1 p.m. to 11 p.m.

*Check out the bottom of page 10 for coupons to use during your next visit to the APG Bowling Center.*



## Lucinda McDowell, CYSS Program Assistant

By **RACHEL PONDER**  
APG News

As a program assistant for Child, Youth and School Services (CYSS) at the APG North (Aberdeen) youth center, Lucinda McDowell’s main respon-

sibilities include supervising first and second grade students and preparing lesson plans for before- and after-school care.

“Each week is different,” she said. “Some weeks I am leading activities in

the gym, other weeks I am in the computer lab or art room. I like that my job has variety. I love what I do.”

McDowell also leads the SMART Girls program for ages 9 to 12. SMART stands for Skills, Mastery, and Resistance Training and is part of the Boys & Girls Club of America curriculum. The program is about teaching girls how to make positive choices.

McDowell said her role in SMART Girls is to serve as a mentor, focusing on responsible, productive behavior. The classes offer tips about manners, hygiene, eating right, staying physically fit, developing positive relationships and more. SMART Girls, she said, is about building self-confidence and self-esteem.

“I love seeing the kids feel good about themselves,” she said.

McDowell, who has worked with CYSS for more than 15 years, said she enjoys seeing children grow into responsible young adults.

“I love when college students come back and visit me at the youth center,” she said. “That is a great feeling.”

Prior to working at the youth center McDowell was a Family Child Care (FCC) provider in Germany and at APG’s Child Development Centers. Prior to that, she was an x-ray technician.

For more information about APG CYSS programs visit <http://www.apgmwr.com/child-youth-school-services/cyss-home> or call 410-278-7571.

### BY THE NUMB#RS

## National Kidney Month

March is National Kidney Month. Check out these facts about kidneys and kidney disease in the U.S.

**\$28 billion**  
Amount Medicare spends annually to treat people with kidney failure.

**26 million**  
Adult Americans living with kidney disease.


**101,000 +**  
Americans currently on the waiting list for a kidney transplant. Fewer than 17,000 Americans receive one each year.

**200**  
Quarts of blood your kidneys filter each day, making about 1-to-2 quarts of urine. The filtration prevents buildup of wastes and fluid.

**30**  
Minutes it takes for kidneys to filter all the blood in the body.

**4**  
Key risk factors for kidney disease: diabetes, high blood pressure, heart disease and family history.

By **RACHEL PONDER** APG News  
Sources: <https://www.kidney.org/news/newsroom/factsheets/FastFacts>  
<http://nkdep.nih.gov/learn.shtml>



### APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

**Call the SUBMIT-A-TIP "HOTLINE" at 410-306-4673.**  
*Emergencies or violations in progress should always be reported via 911.*

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

*You can also cut out this completed SUBMIT-A-TIP form and mail it to:  
2200 Aberdeen Blvd. APG, MD 21005*



## Have a great idea for a story?

Know about any interesting upcoming events?  
*Wish you saw more of your organization in the paper?*

**The APG News accepts story ideas and content you think the APG community should know about.**

- Story ideas or content must be geared toward the greater APG community and cannot appear to endorse any private company.
- The deadline for content to appear in an upcoming issue of the APG News is the **Thursday PRIOR** to publication. The APG News cannot guarantee submissions received after the Thursday prior to publication will appear in the next issue of the paper.
- Send story ideas or pre-written content to [amanda.r.rominiecki.civ@mail.mil](mailto:amanda.r.rominiecki.civ@mail.mil) or call 410-278-7274 for more information.
- Please note, the APG News editor reserves the right to (1) reject any content deemed inappropriate, irrelevant or against regulation, (2) delay the publication of submitted material if it is not timely and (3) edit or shorten content for space and style reasons without altering the meaning of the submission.





Photos by Molly Blossie

# Training refreshes firefighting skills

(Above) Capt. Colby Walker waits for firefighters Jeremy May and Zach Boyd to mask up before entering a smoke-filled dwelling to conduct a search and rescue drill.



APG firefighters refreshed their knowledge of ventilating an enclosed dwelling and searching for trapped victims during a March 9 training exercise. According to DES Fire and Emergency Services Capt. Howie Travers, ventilation is a crucial firefighting tactic that allows for the expulsion of heat and smoke from a structure while increasing the ability to attack the fire and conduct search and rescue operations.

- (Clockwise from top left)
- During ventilation of the roof, firefighters practice raising a ground ladder to the roof area of the structure for secondary evacuation if needed
  - Capt. Howie Travers, left watches firefighters Jeremy May, right, and Zach Boyd, center, advance hose lines for an interior fire attack.
  - Firefighter Jeremy May backs the hose out of the dwelling after the fire is extinguished and search and rescue operations are completed.
  - Firefighters catch their breath after a tough but educational day of training.
  - Capt. Chrissy Liddell, right, watches as truck company members, from left, Jason White, Todd Nicodemus and Dave Diehl, ventilate the roof.



# THIS WEEK IN APG HISTORY



Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1966.

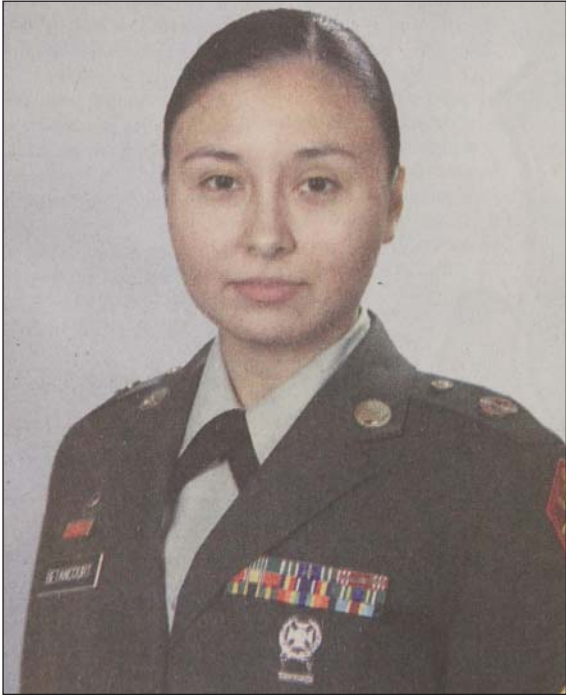
By **YVONNE JOHNSON**, APG News

## 10 Years Ago: March 24, 2005



(Above) Instructor Dave Backert from the Installation Safety Office watches drivers negotiate an obstacle course during Motorcycle Safety Training.

(Below) Sgt. Ruby Betancourt of the 16th Ordnance Battalion, U.S. Army Ordnance Center and Schools, is named the OC&S NCO of the Year during 2005 Service Members of the Year selection board proceedings.



## 25 Years Ago: March 21, 1990



(Right) A photo and the boots and helmet of Spc. Bonnie Sue Joseph, the 523rd Military Police Company clerk who was murdered in Aberdeen March 12, 1990, are displayed during a memorial service at the post chapel.



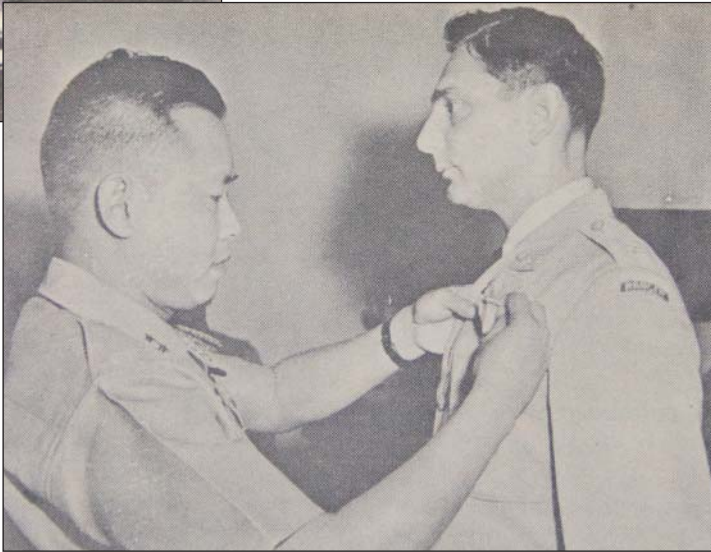
(Left) Directorate of Engineering and Logistics Operations equipment is used to knock down Bldg. 2004, the former offices for the Criminal Investigation Division.

## 50 Years Ago: March 25, 1965



(Above) Brig. Gen. David W. Hiester, OC&S commander, fourth from left, congratulates post rifle team members upon their return from Florida competitions where they won 134 individual medals and nine team trophies.

(Below) Vietnamese Gen. Bui Nuu Nhon of the Vietnam Armed Forces pins the Vietnam Medal of Honor, First Class on Maj. James Halvatgis who served as chief of the Ordnance Directorate of Army MAP Logistics, Military Assistance Command in Vietnam.





# Learn to spot secret sugars in your diet

By **COL. GEORGIA ROGERS**  
*APG Dental Clinic*

Many people enjoy a quick energy boost from sweet snacks or drinks when they need a pick-me-up in the afternoon. Most think that sugar is relatively harmless, because it “just” causes tooth decay. Over the past few decades or so, however, medical researchers have been finding out that sugar doesn’t just rot your teeth – it’s bad for the rest of your body as well. All of the extra calories from sugar in our foods are now thought to be a major cause of the world-wide obesity epidemic. Long term sugar intake has also been linked to many of the chronic diseases that are afflicting Americans today, including cardiovascular disease, type 2 diabetes, nonalcoholic fatty liver disease and metabolic syndrome. These problems are caused by one of the most common components of sugar: fructose. Fructose can’t be burned as energy by the brain or muscles; it must be metabolized in the liver by the same process that gets rid of alcohol. Metabolically speaking, there’s little difference between drinking a can of

Healthy Living

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage [www.TeamAPG.com](http://www.TeamAPG.com) To suggest health-related topics for the Health Living series, email [amanda.r.rominiecki.civ@mail.mil](mailto:amanda.r.rominiecki.civ@mail.mil)

sugary soda and a can of beer. Sports drinks, energy drinks, sweet tea and fruit juice often contain just as much free sugar as soda, and can interfere with weight loss as well. Even if you don’t drink sugary drinks, you can still be getting too much sugar in your diet. Studies have shown that about 75 percent of processed foods sold in supermarkets contain added sugar of some kind. Manufacturers are very good at disguising added sugar by calling it different names. Learn how to read the ingredients label

Common names for sugar found on nutrition labels			
Dextrose	Sucrose	Maltose	Date Sugar
Treacle	Fruit Puree	Agave Nectar	Diastatic Malt
Brown Sugar	Malt Syrup	Fructose	Sorghum
Trehalose	Galactose	Maltodextrin	Panocha
Fruit sugar	Beet sugar	Molasses	Turbinado Sugar
Corn Syrup	Honey	Raw Sugar	Invert Sugar
Demerara Sugar	Natural Sweetener	Brown Rice Syrup	Nutritive Sweetener
Evaporated Cane Juice	High-Fructose Corn Syrup	Fruit Juice Concentrate	Glucose or Glucose Solids

to find the sugar in food. Look at the grams of sugar listed. A little over 4 grams equates to one teaspoon of sugar. If the product doesn’t contain real fruit, then most of that sugar is probably added sugar. One 6-ounce container of flavored yogurt can contain almost 30 grams of sugar. That’s about 7 teaspoons. Check

the ingredients list and learn the 56 names for sugar, some of which are listed above. The Performance Triad has Nutrition resources that can help you eat healthy to get to your healthy weight. Find out more here <http://armymedicine.mil/Pages/Healthy-Eating.aspx>

# Rations database holds MRE nutrition info

By **BOB REINERT**  
*USAG Natick*

When Soldiers rip open meals, ready-to-eat, also known as MRE, in a combat zone, most people probably are thinking more about flavor and filling their stomachs than about the nutrition. However, that does not mean nutrition is not important. The new online combat rations database, or ComRaD, formally launched earlier this month by the Department of Defense’s Human Performance Resource Center, or HPRC, provides warfighters, military dietitians, food service officers and leaders the opportunity to learn more about the nutritional value of what is inside those packages. ComRaD is the result of a collaborative effort between HPRC, the Natick Soldier Research, Development and Engineering Center, also known as NSRDEC, and the U.S. Army Research Institute of Environmental Medicine, or USARIEM, at Natick Soldier Systems Center. The database contains nutrition information about the MRE, First Strike Ration, Meal, Cold Weather, and Food Packet, Long Range Patrol. Before ComRaD, military customers needed to contact experts at NSRDEC’s Combat Feeding Directorate, or CFD, to obtain accurate nutritional information. The lack of public access to this information has left customers to obtain nutritional information from alternate sources that are sometimes unreliable and inaccurate. Today’s increased emphasis on performance nutrition in the military provided the boost needed to get the website up and running. “Military dietitians expressed a need for publicly available nutrition information that could be used to help educate warfighters on how to properly fuel themselves before a mission, during a mission and post mission,” said Julie Smith, senior food technologist with the CFD. In the past, one had to rely on the nutrition fact labels provided on the food component packages to have any idea what was in them. Holly McClung, a research dietitian at USARIEM, said those labels are not always accurate. “That’s why the website’s so important,” McClung said. “That’s where we want the warfighter and the dietitians to go to, because we know that the nutrition



Photo by Michael Stepien  
**A Soldier digs into a First Strike Ration in the mountains of Afghanistan. Nutritional information about the First Strike Ration and other individual rations is now available at the online combat rations database.**

info is accurate and up to date.” How does McClung know this? “The nutrition information that feeds into the database comes from actual chemical analysis of the food component,” McClung said. “That’s ... where USARIEM came in. We funded the chemical analysis of food components in the 24-menu MRE and other ration lines, which is difficult, expensive and time consuming. “This is why it’s taken us so long to complete the process. At this website, the user will be able to get nutrition on every individual component, the composition of complete ration lines, and individual MRE menus that are 100-percent chemically analyzed, so we feel confident in the nutritional data.” A quick look at the website would seem to reveal that warfighters are consuming too many calories and that their intake of ingredients such as sodium is too high. The numbers are deceiving, however. “A civilian might look at what the energy needs are for a warfighter, or look at how much is provided in a ration, and think the rations are providing too many calories and/or fat, et cetera,” McClung said. “What they have to realize is that the rations are constructed to meet the energy and nutritional needs of physically active warfighters. So, while there may be excessive energy available in the ration for a Soldier sitting at a desk, the ration may just meet the requirements of a physically active Soldier (who is) on (his or her) feet for a 12-hour patrol. “That’s why we hope the warfighter will use the website, as it will help them to figure out how many calories they need and guide them to make good decisions on what they should be choosing to eat,” McClung said. Combat Feeding developed the ComRaD website in collaboration with HPRC, but it is hosted by HPRC. “Part of their mission is to educate the warfighter,” said Smith of HPRC. “Their

website provides warfighters and their families with a one-stop clearinghouse for evidence-based information and key resources in all aspects of performance to achieve total fitness and, ultimately, human performance optimization.” The ComRaD website will change over time, Smith said. “We’re already working on ... additional features to the website that will provide ComRaD users with Unitized Group Ration nutrition information, as well as a cart feature that will allow users to track what they have eaten by adding and removing ration components in order to view their overall daily nutritional intake. “I think that it will be an evolving website [with] future improvements based upon the feedback that we get from users,” said Smith, adding “which is really going to be invaluable.” For more information about ComRaD, email [usarmy.natick.nsrdec.mbx.nati-amsrd-nsc-ad-b@mail.mil](mailto:usarmy.natick.nsrdec.mbx.nati-amsrd-nsc-ad-b@mail.mil).

## Army & Air Force Exchange Service offers chance at \$3,000 in prizes

*AAFES*  
The Army & Air Force Exchange Service encourages shoppers worldwide to hop to it and take a crack at the Patriot Family Easter Egg Hunt Contest. Shoppers can search for clues at their local Exchange and post the correct answers on the Exchange Facebook page contest tab at [www.facebook.com/AAFES.BX.PX](http://www.facebook.com/AAFES.BX.PX). Pick up a clue map at your local

Exchange or download one from [www.shopmyexchange.com/patriot-family](http://www.shopmyexchange.com/patriot-family). Four winners will take home a \$500 Exchange gift card, and 10 winners will receive a \$100 Exchange gift card. Winners will be randomly selected and notified by email. “While shoppers are on the hunt for clues, they can fill their baskets with everything they need to celebrate Easter,” said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlist-

ed advisor. “The Exchange is stocked with Easter candy, spring attire and more for the holiday.” The contest runs through April 3. No purchase is necessary to win. Authorized Exchange shoppers can enter, and children younger than 18 must have their parents’ consent. For more information visit your local Exchange; [www.shopmyexchange.com](http://www.shopmyexchange.com); or [www.facebook.com/AAFES.BX.PX](http://www.facebook.com/AAFES.BX.PX).

**EXCHANGE**  
ARMY & AIR FORCE EXCHANGE SERVICE

# Like us on Facebook

[www.facebook.com/APGMd](http://www.facebook.com/APGMd)



# Meet an APG STEM Professional

## Deirdre Sumpter: Operations Research Analyst

By **AMANDA ROMINIECKI**  
*APG News*

**JOB TITLE:**  
*Technical Director,  
Army Evaluation  
Center*  
**DEGREE:** *Mathematics, Univer-  
sity of Maryland  
Baltimore County  
(UMBC)*



Sumpter

**APG News:** *Tell me a little bit about yourself—are you from the area? Where did you go to school?*

DS: I am a native of Harford County – born and raised in Havre de Grace, Maryland and a product of the Harford County Public Schools. I attended UMBC where I earned a Bachelor of Arts degree in mathematics and a minor in psychology. After graduating from UMBC, I earned a Master of Science degree in Engineering with a stochastic modeling concentration from George Washington (GW) University. My most recent degree is a Master of Science degree in Leadership and Management from Webster University in Missouri.

Kenneth Sumpter, my husband, is a Chemist for the Edgewood Chemical Biological Center, so we’re an APG family. Our sons, Kenneth Jr. and Darren are students at Havre de Grace High School and Havre de Grace Middle School, respectively.

**APG News:** *When did you start working for the Army?*

DS: I started working for the Army in 1989 when I was hired by the Army Materiel Systems Analysis Activity (AMSAA) as an Operations Research Analyst. My primary responsibility at AMSAA was to perform systems analysis on weapon systems. I worked in the Armor division.

During my college summer breaks, I worked as a data collector at what is now Aberdeen Test Center (ATC). Data collecting was very exciting because I was exposed to a lot of the military systems tested at ATC. That’s were part of my love came from for the work being done in the federal government sector.

**APG News:** *When did you become interested in math?*

DS: I enjoy science, but I love math. I like puzzles and problem solving. I can spend hours on a problem and not get frustrated. It’s exciting to me. I real-

# STEM in focus

STEM in focus is a recurring series in APG News highlighting Science, Technology Engineering and Math (STEM) on APG. From countless student educational outreach programs to an array of scientific, technological and engineering personnel contributing to diverse missions, STEM is abound on the installation and APG News aims to bring it all into focus.

ize when I say “math,” to some people it’s not exciting, I get different grunts and noises. I love math.

I think you become really interested in specific classes or subjects around middle school (6th through 8th grade). In elementary school it’s all basic courses. By middle school you have to decide if you’re taking regular math or going down the more rigorous path. I chose the more rigorous path. That’s when I knew I really enjoyed math; by high school I was doubling up on math classes.

Surprisingly enough when I entered college, I had planned to major in chemical engineering. After my first year I started thinking about what I really liked to do. I had a moment of self-reflection. I took all of those introductory, basic courses you take your first year of college and eventually realized that chemical engineering was not for me and changed my major to mathematics.

**APG News:** *How does your work support the Soldier?*

Every program or system that comes into contact with the military, we – the Army Evaluation Center – plan, support, conduct and provide independent evaluations, assessments, and experiments in order to provide essential information to decision makers.

From everything the Soldier wears to cyber security. There’s aviation; field artillery; air defense artillery; command, control, computers, communications, intelligence, reconnaissance, and surveillance; maneuver; Soldier systems; chemical, biological, radiological and nuclear; and ballistic missile defense. Any equipment associated with the military, we evaluate it. We evaluate these systems to make sure they are effective, suitable, survivable and safe.

The work I do, along with the work of others, helps us continue to live in the land of the free. We provide effective,

safe equipment for our service members to fight for our freedom.

I am very appreciative of our military service members and of the sacrifices they make and have made. Thankful. I try to let them know how much I appreciate them.

**APG News:** *What’s a normal day like for you?*

DS: A normal day – no day is ever the same. It is very calendar driven. My presence is required at a lot of system and program meetings because reviews are a necessary part of the program acquisition life cycle to keep up with program/capability/technology changes that may occur along the way and to ensure our decision makers are equipped with the latest information.

For everything we evaluate, there’s an associated report. I review test and evaluation strategies and reports. I provide guidance, mentoring, counseling, and direction to employees as well as deal with personnel actions.

**APG News:** *What is your favorite part of your job?*

DS: The people. I truly believe people are the greatest asset to an organization. For me, it is the dialogue, whether it’s in a formal meeting or I’ve stopped by your desk or we have a conversation in the hallway – I just make it a point to interact with people. If you take care of people, life is so much easier.

**APG News:** *What would you say to a young student on the fence about a career in STEM?*

DS: If you love math and science – not just if you’re good at it, because some people naturally excel at math – but if you enjoy the sciences, if you enjoy math, then seek out opportunities during your middle school and high school years.

There are so many opportunities, especially on APG. There’s Gains in the Education of Math and Science [GEMS

Program], the Real-world Internship in Science and Engineering [RISE Program].

Take advantage of these opportunities, of these internships, to see how things work in the real world, to decide if this is something you can visualize as a career. An internship gives you a hands-on look. It’s one thing to excel in math and science in a classroom, but another to actually know how it is applied in the workforce.

When I was in school, while I loved math, I wondered what I was going to do with it in the real world. These opportunities give young people the chance to say “okay, this is how the math or science I am learning in school is applied at work.”

**APG News:** *There is a perception that women and minorities are underrepresented in STEM fields. What would you say to that?*

DS: Don’t let any perceptions or obstacles hold you back. You can be that trailblazer who ignores the perceptions and pursues the career about which you’ve dreamed.

Do your job and do it well. Own your career. Know where you want to go and go after it. Don’t leave anything up to someone else. It’s your career and your life. Take initiative. Prepare yourself to compete. Don’t set any limits and just go for it.

**APG News:** *What advice do you have for someone looking to advance in their career?*

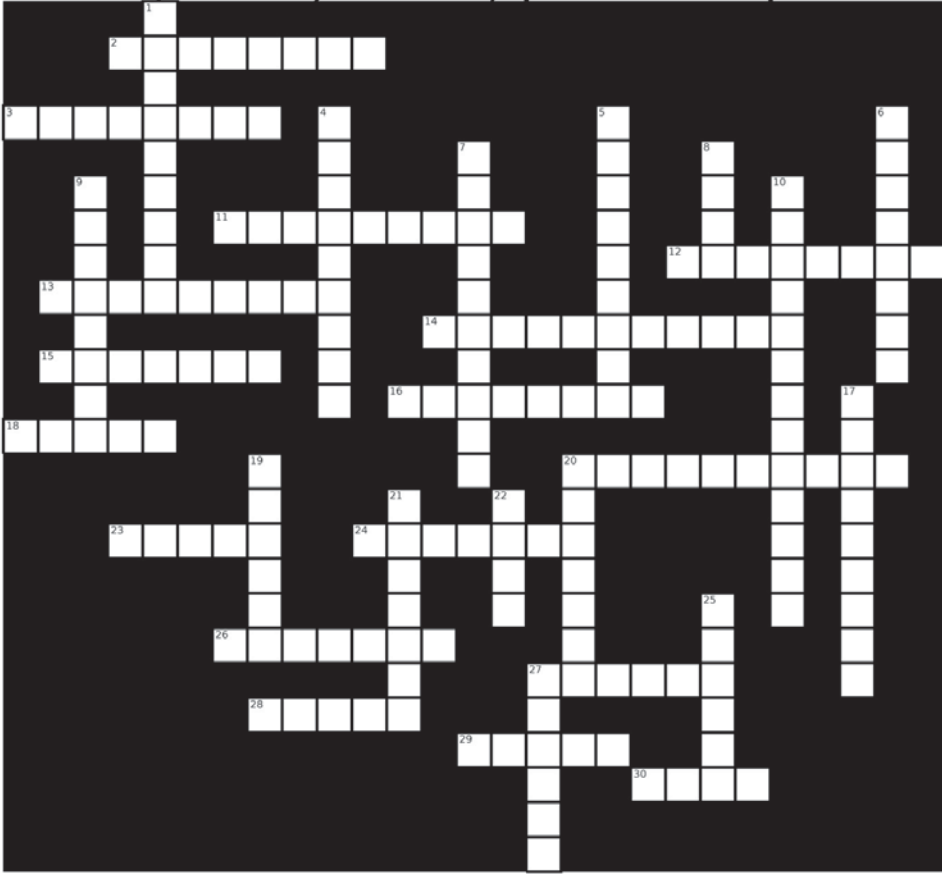
DS: Have a plan. Without a plan, it’s hard to arrive at your destination or goal. Think about what you want to do and how you plan to get there. Plan, prepare and persevere.

The sky’s the limit. Just remember to take ownership of your career. While opportunities and mentors are keys to advancing a career, no one cares more about your career progression than you.

**APG News:** *Do you have any after-work hobbies? A fun fact about you that people would be surprised to know?*

DS: I play the piano; started when I was five years old. I played for my high school choir and have been playing for more than 25 years at my church, Mt. Zion Baptist Church with Pastor James C. Williams Sr. in Havre de Grance. I’m a bowler and have been bowling for over 25 years. My husband and I travel and compete in bowling tournaments throughout the U.S. I also played two years of collegiate basketball at UMBC.

# The APG Crossword



By **RACHEL PONDER**, *APG News*

March is Women’s History Month. Solve this puzzle honoring women in science, technology, engineering and mathematics (STEM) fields, past and present.

### Across

1. Marillyn Hewson is the current CEO of \_\_\_\_\_ Martin, an American global aerospace, defense, security and advanced technology company.
2. This “The Wonder Years” actress has a Ph.D. in mathematics from the University of Chicago and is the author of several math books aimed at teen girls.
3. One of the greatest inventors of the industrial era, she was awarded about 49 patents in her lifetime and was often referred to as “Lady Edison.”
4. Phebe Novakovic is the cur-

5. \_\_\_\_\_ rent CEO of General \_\_\_\_\_ Corporation, an American aerospace and defense company.
6. Scottish scientist Mary Fairfax Somerville presented a paper about \_\_\_\_\_ to the Royal Society in 1826.
7. Born in 1861, Nettie Stevens performed studies crucial in determining that an organism’s sex is dictated by its \_\_\_\_\_ rather than environmental factors.
8. Lise Meitner’s work in nuclear physics led to the discovery of nuclear \_\_\_\_\_, the fact that atomic nuclei can split in two.
9. Field engineer Emily Warren

10. Roebing was considered instrumental in the construction of the \_\_\_\_\_ Bridge.
11. Danish seismologist Inge Lehmann discovered the Earth’s \_\_\_\_\_ core.
12. Ada Lovelace was known for her work on Charles Babbage’s early mechanical general-purpose computer, the \_\_\_\_\_ Engine.
13. Marissa Mayer is the president and CEO of this tech company.
14. Florence Nightingale was a celebrated English social reformer and statistician and is considered the founder of modern \_\_\_\_\_.
15. The current CEO of Hewlett-Packard Company, an American multinational information technology corporation.
16. The first woman hired by the U.S. Geological Survey, she was known for her groundbreaking use of petrography in studying crystalline rocks and identifying their origins.
17. The first woman to be a full member of the American Society of Civil Engineers.
18. In 1876 she became the first woman in the United States to graduate with a civil engineering degree.
19. Grace Hopper, a mathematician, became one of the first computer programmers for the Harvard \_\_\_\_\_ I computer in 1944.

### Down

1. American inventor and pioneer Mary Walton was awarded two patents for \_\_\_\_\_ reducing devices in the nineteenth-century.
2. Ellen Henrietta Swallow Richards was the founder of home \_\_\_\_\_ and was the first woman admitted to MIT.
3. Linda Brown Buck is an American biologist best known for her work on the \_\_\_\_\_ system.
4. In 1939, Marguerite Catherine Perey discovered this chemical element.
5. The first woman to have flown in space.
6. In 1947, she became the first female African-American to receive

7. a Ph.D. in chemistry in the United States.
8. Vera Rubin is an American astronomer who pioneered work on galaxy \_\_\_\_\_ rates.
9. Barbara McClintock was an American scientist and cytogeneticist who received the Nobel Prize in Physiology or Medicine in 1983 for the discovery of genetic \_\_\_\_\_.
10. The first woman to become a medical doctor in the United States.
11. Rita Levi-Montalcini, an Italian neurologist, received the Nobel Prize in Physiology or Medicine for the discovery of Nerve \_\_\_\_\_ factor in 1986.
12. German mathematician Emmy Noether was known for her groundbreaking contributions to abstract \_\_\_\_\_.
13. As a postgraduate student, Northern Irish astrophysicist Jocelyn Bell Burnell discovered the first radio \_\_\_\_\_.
14. The 1983 Dian Fossey book, “Gorillas in the \_\_\_\_\_” details studies of mountain gorillas at Karisoke.
15. This Austrian and American inventor and film actress co-invented spread spectrum and frequency hopping communications with composer George Antheil.
16. This Emmy-nominated actress from “The Big Bang Theory” holds a Ph.D. in neuroscience.





# Town hall outlines garrison lines of effort

Continued from Page 1

that to shape decisions that will drive the force reduction of the Army.”

McClinton was followed by Deputy Fire Chief Adam Ballard who discussed the Baldrige Collaborative Assessment, a study designed to “identify the garrison’s key strengths and opportunities for improvement in six categories that are interrelated.”

Approximately 180 employees in supervisory and non-supervisory positions from cross-sections of garrison organizations participated in the assessment, Ballard said.

The six categories included leadership, strategic planning, customer focus, measurement analysis and knowledge management, workforce focus, and operations focus.

Ballard explained that a focus group was assigned to each category and members collaborated to analyze data to generate ideas for the garrison to take the next steps toward improvement. During the assessment, examiners from the Department of Defense and private industries shared suggestions concerning better business practices.

Peter Slusar, chief of the Plans, Analysis, and Integration Office (PAIO), discussed the outcome of the Baldrige assessment, which he described as a vision for improvement along three core lines of effort: workforce, community and facilities.

**Workforce management**

Janet Dettwiler, director of Human Resources, discussed the first line of effort: workforce development. She reminded attendees of the professional development opportunities already available through Army e-Learning sites.

Dettwiler highlighted an IMCOM mentoring program, in which employees are joined together in a mentor/mentee relationship to “help grow and sustain a more healthy and adaptive workforce to gain better leaders.”

She said the workforce development team is working to develop a mentoring program specifically for garrison employees and that IMCOM has released a Developmental Assignment Program (DAP) which provides an opportunity for employees to garner new job skills by working a time-limit-



Photo by Molly Blossse  
APG Garrison Commander Col. Gregory R. McClinton looks on as Douglas Atwater, former director of Plans, Training, Mobilization and Security, and his son accept an award during the garrison town hall at the post theatre March 19. Atwater, who recently accepted a position overseas, took the moment to thank his coworkers and friends and bid them farewell.

ed assignment.

“If you’re interested in going somewhere else to see how other installations do business, make sure you take advantage of the DAP program,” McClinton added.

Dettwiler encouraged listeners to share their training and professional development ideas with Celestine Beckett and Jill Brodbeck of the garrison workforce development team. She said employees should periodically log into the civilian personnel website at <http://cpol.army.mil/> to verify their personal and professional information is accurate and up-to-date.

Elaborating on McClinton’s comments about the upcoming reduction, Dettwiler said the 2016 table of distribution and allowances authorizes the garrison with 112 fewer positions than

it did for 2015.

“We are doing everything today to be proactive in order to get to our authorized numbers, to maintain the mission, to maintain an adequate, fully trained, knowledgeable staff,” Dettwiler said. “We want to take care of people as much as possible. We are doing everything to help alleviate any problems or situations that might occur in the future.”

**Health and resiliency**

Capt. Nicholas Milano, Headquarters, Headquarters Company commander, shared information about ArmyFit GAT 2.0, a confidential, self-assessment tool that can help improve health and wellbeing.

“By knowing yourself, you can stay emotionally and psychologically strong,” Milano said, adding that lis-

teners can learn more at <http://army-fit.army.mil/>.

The new GAT 2.0 on the ArmyFit website is for active-duty service members, family members and Department of the Army civilians.

Following up on the Ebola town hall held last fall, Lt. Col. David Zinnante, commander of Kirk U.S. Army Health Clinic, addressed concerns about redeployed Soldiers returning from duty in West Africa. He said the Soldiers have made it through 21 days in a controlled and monitored environment and are free of Ebola.

“Please do not panic,” he said, stressing, again, that there is no reason for anyone to be concerned.

Zinnante also announced the return of medical and dental services for active duty service members at the APG South (Edgewood) clinic. He also reminded attendees to utilize the Army Wellness Center for their health needs, and encouraged them to participate in upcoming performance triad events.

**Collaboration**

Todd Henricks, deputy director of Public Works (DPW) then spoke about infrastructure sustainment and revitalization across the garrison. He said in the coming years, DPW will focus on environmental stewardship and energy and water conservation.

“We need to be able to account for the resources we’re given,” Henricks said.

Bill Streaker, Directorate of Emergency Services assistant fire chief, and Janmichael Graine, DPW Environmental Compliance Branch chief, followed Henricks with an example of environmental stewardship as it relates to facilities operations: the successful test of the fire suppression system.

During the test, conducted in a hangar on Philips Army Airfield, the foam suppression system took less than two minutes to lay down a 6-foot-high coating from one end of the hangar to the other.

The meeting wrapped up with award presentations and a question-and-answer session.

A video of the garrison Town Hall meeting can be viewed on APG Channel 97. Check the station for times. Check the APG News and APG social media sites for the next meeting.

# APG experts assist in chemical weapons destruction

Continued from Page 1

tles containing mustard agent drained from munitions during stockpile condition assessments.

The PCAPP EDS is a dedicated component of the plant’s agent destruction operation, but is managed by the Joint Project Manager for Elimination, one of the four APG-based organizations contributing to the effort.

“Everyone performed methodically and safely to make today a success,” said Col. Michael Quinn, depot commander. “This is a proud day for everyone here at the Pueblo Chemical Depot.”

The depot, which reports to the Chemical Materials Activity (CMA) headquartered at APG, safely stores 2,611 tons of mustard agent in artillery projectiles and mortar rounds, representing eight percent of the remaining 10 percent of the nation’s chemical weapons stockpile.

Destruction of the Pueblo stockpile, like its sister site at Blue Grass Army Depot in Kentucky, is the responsibility of the APG-based Program Executive Office, Assembled Chemical Weapons Alternatives, known as PEO ACWA. The March 18 event was the first operational step in the accomplishment of the PEO ACWA mission.

“After months of preparation, testing and scrutiny by oversight and regulatory agencies, the Pueblo team played its part in meeting our nation’s commitment to the 100 percent destruction of the U.S. chemical weapons stockpile,” said Conrad F. Whyne, program executive officer.

The first DOT bottles were successfully transferred from storage to the EDS site, and the first bottle was destroyed later that day, as the U.S. resumed honoring its commitment to the internation-



Photo by Lori Waters  
Pueblo Chemical Depot Toxic Material Handlers from the Chemical Operations Division slowly approach a storage igloo to remove a pallet of Department of Transportation bottles containing mustard agent destined for destruction at the Pueblo Chemical Agent-Destruction Pilot Plant, Explosive Destruction System.

al treaty that mandates the destruction of chemical weapons globally.

In 2012, CMA successfully finished destroying the stockpiles for which it was responsible, nearly 90 percent of the nation’s chemical stocks—some 2.3 million munitions and more than 24,000 metric tons of chemical agent.

“We are proud to be part of the team that is continuing chemical stockpile destruction in the United States,” said Steven Bird, project lead from CMA’s

Recovered Chemical Materiel Directorate, which developed and owns the EDS. “I have complete confidence in the continued safe operation of this system.”

While the EDS has a well-documented history of safe and successful operations at sites throughout the U.S. where it has been used to destroy recovered chemical munitions since 2001, this operation marks its first use in destroying stockpiled chemical weapons.

“We join with our colleagues in

the satisfaction of a safe and successful first shot,” said ECBC’s Timothy Blades, whose team that performed the operation included Gary Guyer, Ethan Smith and Gary Blaylock. “We’re happy to lend our experience in any manner necessary to fully destroy the nation’s remaining chemical weapons stockpile.”

To keep up on stockpile destruction progress, please visit: [www.peoacwa.army.mil](http://www.peoacwa.army.mil).

**See Something**

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Provided by the INTEL DIV/DPTMS

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**Installation Watch Card**  
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- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around the Installation.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around the Installation.
- Any possible compromise of sensitive information.

**Do Not**

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose any information related to unit deployments.

**Report any suspicious activity immediately to the APG Police.**  
**APG North 410-306-2222**  
**APG South 410-436-2222**  
Off post in Md. call 1-800-492-TIPS or 911  
Your call may save lives!



# 1st AML receives hero’s welcome upon return

Continued from Page 1

Force Scientist, a joint task force, which also included the Naval Medical Research Center, as well as civil affairs and military police personnel.

Task Force Scientist tested Ebola samples at six mobile laboratories and provided same day results to health care providers.

Brig. Gen. JB Burton, commanding general of 20th CBRNE Command, said the 1st AML’s successful deployment was the result of months of mission-focused training.

“Patrick Garman and his troopers have effectively transformed this formation into a highly skilled, technically savvy, expeditionary formation, capable of moving on short notice to answer the nation’s call,” said Burton, who is from Tullahoma, Tennessee.

Burton said the deployment demonstrated the ability of 20th CBRNE forces to combat the full range of CBRNE hazards.

“This deployment, not related to weapons of mass destruction or improvised explosive devices, focused on a non-weaponized ‘B’ [or biological hazard] in CBRNE and it serves as another proud chapter in the history of the 20th CBRNE Command,” Burton said.

Garman said his troops endured long, hot days under the African sun, going without electricity and running water in some locations. The 1st AML commander said that his mobile laboratories helped to contain the Ebola outbreak in Liberia.

“The 1st AML filled an urgent need to test samples of patients suspected of having Ebola and getting the results back the same day,” Garman said. “Initially we thought the need would be for a higher capacity of tests per day, but the reality became clear that prompt



Following a 21-day controlled monitoring period, 1st AML Soldiers received a hero’s welcome during a homecoming ceremony on APG March 23. The Soldiers returned home from a four-month deployment to Liberia in support of Operation United Assistance, the U.S. effort to contain the most deadly Ebola outbreak in history.

Photo by Sean Kief

results saved lives and helped stop the spread of the disease.”

Garman said his troops served with

distinction during the humanitarian deployment.

“It should instill confidence and pride

in Americans that their military is flexible, professional and respected across the world,” Garman said.

## Did You Know?



**March 27 was an important day for Maj. Gen. Adolphus Washington Greely, the namesake of Fort Greely, Alaska.**

Maj. Gen. Greely was born March 27, 1844 and retired from the military that same day in 1908.

Though he is remembered as a Polar explorer, Greely was an Army officer and a recipient of the Medal of Honor.

Greely is also remembered for his meteoric rise through the ranks. A native of Newburyport, Massachusetts, Greely volunteered for military service at the start of the Civil War.

In 1861, he served with the 19th Massachusetts Infantry Regiment and worked his way up to first sergeant within two years. He was commissioned as a second lieutenant in 1863, promoted to first lieutenant in 1864 and to captain in 1865.

In March 1867, Greely left the volunteer Army and was commissioned as a second lieutenant in the 36th Infantry Regiment of the Regular Army and to first lieutenant while assigned to the 5th Cavalry Regiment in 1873.

Still a first lieutenant in 1881, Greely commanded the Lady Franklin Bay Expedition to establish one of a chain of meteorological-observation stations as part of the First International Polar Year. The government expedition also sought to collect astronomical and polar magnetic data and to search for clues of the lost USS Jeannette near Ellesmere Island.

The expedition achieved a new farthest north record.

Subsequent visits to the region found Greely and his party stranded and short of supplies and fuel on Ellesmere Island in 1882 and 1883. By the time they were rescued in 1884, 19 of Greely’s 25-man crew had died from starvation, drowning, hypothermia and one execution ordered by Greely.

Greely was promoted to captain in 1886, and in March 1887, President Grover Cleveland appointed him as Chief Signal Officer of the U.S. Army with the rank of brigadier general.

In 1906, he served as military commander in the aftermath of the San Francisco earthquake and he was promoted to major general. He retired in 1908 at age 64.

According to Wikipedia “on March 21, 1935 a special act of Congress awarded Greely the Medal of Honor in recognition of his long and distinguished career. He is the only person to be awarded the Medal of Honor for “lifetime achievement” rather than for acts of physical courage at the risk of one’s own life.

His was the second and last award of the Medal of Honor by the Army for non-combat service. The other was to Charles A. Lindbergh for his solo flight across the Atlantic Ocean.

Greely died in Oct. 20, 1935 and is buried in Arlington National Cemetery.

Big Delta Air Force Base, Alaska, was designated Fort Greely on Aug. 6, 1955, in his honor. Other honors include the launching of the USS General A.W. Greeley in 1944 and the 22 cent Greely postage stamp issue by the U.S. Postal Service in 1986.

Yvonne Johnson, APG News

Source: [www.history.army.mil](http://www.history.army.mil); [www.wikipedia.org](http://www.wikipedia.org)

## 5 ways to reuse your copy of the APG News

1. Protect fragile items before storing them or sending them in the mail.
2. Line pet cages or litter boxes to keep them tidy.
3. Save the counter from a gluey, glittery mess during your next craft project.
4. Use to clean glass or windows without streaks.
5. Make a weed barrier in a flower bed or garden before laying new topsoil.



## MORE ONLINE



To view more photos of events going on at and around the U.S. Army Garrison Aberdeen Proving Ground, visit the garrison Flickr site <http://www.flickr.com/photos/usagapg/>

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# APG SNAPSHOT

Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.

## DES RESCUES, EVACUATES MAN FROM ROOF

After being injured during a fall, a member of the Directorate of Public Works was rescued from the roof of Bldg. 4305 by the Directorate of Emergency Services March 23.

According to DES Fire Department Assistant Chief of Training Steven C. Hinch, the DPW employee was servicing a heating unit when the wood decking beneath the unit broke, causing him to fall and slide under the decking and HVAC unit.

A rooftop rescue is not a common occurrence on APG, but it is something the fire department trains for regularly, Hinch said.

Plans are in place to replace the HVAC unit that was being serviced prior to the accident, according to DPW mechanical engineer Richard Reilly.

Photos by Amanda Rominiecki



## AEC OPERATIONS OFFICER RECEIVES PROMOTION

David Jimenez, SES, U.S. Army Test and Evaluation Command executive technical director and Army Evaluation Center director, right, administers the Oath of Office to newly promoted Lt. Col. Rob Barnhill, AEC operations officer, during his promotion ceremony at the U.S. Army Test and Evaluation Command headquarters March 19.

Photo by Lindsey Monger



Photos by Amanda Rominiecki

## 1ST AML SOLDIERS, FAMILIES, LOVED ONES REUNITE

(Left) Pfc. Michael Major, a wheeled vehicle mechanic, smiles while holding his four-month-old son Bradley after the 1st Area Medical Laboratory homecoming ceremony March 23 as his wife Danielle looks on. Major and nearly two dozen other Soldiers from the 1st AML returned from a four-month deployment to West Africa in support of Operation United Assistance, fighting the worst outbreak of the Ebola virus in history. Major's son was just two weeks old when he deployed. (Right) A family member's sign at the 1st AML homecoming ceremony reads "Welcome Home Daddy. Get you kisses here." 1st AML Soldiers had to complete a 21-day controlled monitoring period upon return to the U.S. Families were reunited for the first time at the ceremony.